

Timothy Pritchard Debrah, MSc

Nurses' Quarters, Block 22, Flat 4

Ankaful, KEEA, C/R

AB661, Cardoon St, CK-0507-6248

c/o Department of Nursing

KNUST

Obuasi, A/R, Ghana.

https://www.researchgate.net/profile/Timothy_Debrah timothydbrh9@gmail.com

<https://orcid.org/0000-0002-4503-9211>

ghana@wadpn.org

17916453@mylife.unisa.ac.za

Research Interests

Nursing Documentation in Mental Health; Problem Drug Use and Policy-related Issues, Perinatal and Maternal Mental Health; Human Right Issues, Suicidal behaviours and, Psychoeducational Support Programmes for the Postgraduate Space

Education

The University of South Africa, Department of Health Studies, Pretoria, Ph.D (Nursing), 2022-present

Research Focus: *Psychoeducational Support Programme for Postgraduate Students in Ghana to promote Mental Health.*

The University of Cape Coast, School of Nursing and Midwifery, Department of Adult Health, Cape Coast, MSc (Nursing) 2018-2021

Research Focus: *Knowledge, Attitude and Perception Regarding Illicit Drugs, Drug Use, Problem Drug Users and Drug Policy-related Issues: A Study of Students from the Universities: of Cape Coast, Ghana and Health and Allied Sciences.*

The University of Cape Coast, School of Nursing and Midwifery, Department of Mental Health, Cape Coast, BSc in Community Mental Health Nursing, 2014-2016

Research Focus: *The Relevance of Documentation in Mental Health Nursing: A Study at the Ankaful Psychiatric Hospital*

The University of Ghana, Institute of Adult Education, Commonwealth Youth Programme, Legon, Dip. in Youth in Development Work, 2008-2010

Ankaful Nurses' Training College, Ankaful, Cape Coast, Dip. in Mental Health Nursing, 2003-2006

Honours and Awards

Grant award from School of Graduate Studies-University of Cape Coast dubbed "Samuel and Emelia Brew-Butler for publication of research project: Victims or Criminals? Knowledge, Perceptions and Attitudes of Ghanaian University Students on Illicit Drugs and Substance Users (2021)

Grant award from International Drug Policy Consortium (IDPC) and West Africa Drug Policy Network (WADPN) for organizing Global Drug Policy Index Ghana Ranking Score Sensitization Workshop (2021)

Grant award from Open Society Foundation (OSF) for publication of research project: The Experiences of People Who Use Drugs and Their Encounters with the Police in Ghana (2021)

Grant award from Open Society Initiative for West Africa (OSIWA) dubbed "Support Don't Punish" for organizing a symposium to observe United Nations' Global Day of Action in pushing for drug policy reform (2019)

Invited to participate in a research project: Tramadol in Africa--Scarcity and Excess of Pain Medication in a Poorly Regulated Market led by Professor Axel Klein and funded by Pharmaceutical Company Grünenthal and ACK Cosultants (2018)

Invited to attend a Multisectoral Consultation on "Drug Policy Reform in the Mano River Region" at Hotel la Rose Blanche, Cocody Plateau, Abidjan, Cote d'Ivoire sponsored by OSIWA, West Africa Civil Society Institute (WACSI) and WADPN as a representative from Ghana (2017)

Selected to attend a short course dubbed the 4th West Africa Executive Course on Human Rights and Drug Policy at the School of Law, University of Ghana sponsored by OSF and OSIWA (2017)

Invited to attend a Technology Conference for Non-profits at the British Council, Ghana on the theme “Leveraging Technology, Maximizing Social Impact; sponsored by Microsoft, Techsoup and WACSI (2017)

Selected to present a research topic on “The Relevance of Documentation in Mental Health Nursing at the 3rd Mental Health and Well-being Conference organized by the Mental Health Foundation of Ghana (MHFG) at the University of Cape Coast (2016)

Teaching

Assistant Lecturer at the Department of Nursing (DoN), Faculty of Allied Health Sciences, Kwame Nkrumah University of Science and Technology (KNUST) / (Full-time) [November 2022-present]

Clinical Preceptor at the Department of Mental Health (DMH), School of Nursing and Midwifery (SNM), University of Cape Coast (UCC) / (Part-time) [2021-2022]

Assistant Lecturer for Sandwich Programme/DMH/SNM/UCC / (Part-time) (2021)

Assistant Lecturer for the DMH/SNM/UCC on secondment / Full-time (2018-2020)

Teaching Assistant/Clinical Coordinator for DMH/SNM/UCC / Full-time (2016-2018)

Registered Mental Nurse, Ankaful Psychiatric Hospital, Mental Health Authority Ghana / Full-time (2007-2022)

Publications

Sarfo, J.O., **Debrah, T.P.**, Gbordzoe, N.I & Obeng, P. (2022). Types of sampling methods in human research: Why, when, and how? *European Researcher* 13(2): 55-63

Sarfo, J.O., Obeng, P., **Debrah, T.P.**, Gbordzoe, N.I. & Fosu Jr, A.K. (2022). Suicidal behaviours (ideation, plan, and attempt) among school-going adolescents: A study of prevalence, predisposing, and protective factors in Saint Vincent and the Grenadines. *Dialogue in Health*, 1: 1000077

- Sarfo, J.O., **Debrah, T.P.**, Gbordzoe, N.I., Afful, W.T., & Obeng, P. (2021). Qualitative research designs, sample size and saturation: Is enough always enough? *Journal of Advocacy, Research and Education* 8(3): 60-65.
- Debrah, T.P.**, Sarfo, J.O. & Padilla-Santamaria, F. (2021). Victims or Criminals? Knowledge, Perceptions, and Attitudes of Ghanaian University Students on Illicit Drugs and Substance Users. *European Journal of Contemporary Education* 10(3): 609-615.
- Parimah, F., Kwakye-Nuako, C.O., Ane, M., **Debrah, T.P.**, Ashinyo, M.E. & Hanu, S.C. (2021). *The Experiences of People Who Use Drugs and Their Encounters with the Police in Ghana in Crime, Mental Health, and the Criminal Justice System in Africa: A Psycho-Criminological Perspective*. Switzerland: Palgrave Macmillan.
- Doku, P.N., Akohene, K.M., Ananga, M.K., & **Debrah, T.P.** (2019). A Systematic Review of the Mental Health of Orphans and Vulnerable Children within the context of HIV/AIDS in Africa. *International Journal of Psychiatry* 4(2): 1-20.

Conference/Workshop/Seminars Attended

- Advocacy Workshop on How to Use the Model Drug Law and The Dakar Appeal, 16th-17th May 2019
- Workshop on Plagiarism, University of Cape Coast, 21st February 2019
- Autism Seminar, University of Cape Coast, 21st February 2019
- Workshop on Cervical Cancer, the University of Cape Coast, 17th September 2018
- Workshop on Academic Writing, the University of Cape Coast, 16th November 2018
- Seminar on Postgraduate Critical Issues in Academic Writing and Literature Review, University of Cape Coast, 14th November 2018
- Seminar on Using SPSS Data Statistics to Analyze Data, the University of Cape Coast, 25th October 2018
- Clinical Preceptorship Training, University of Cape Coast, July 2016

2nd Mental Health and Well-being Conference of Ghana, including Skills Development Workshops by Mental Health Foundation of Ghana, Ghana College of Surgeons, Accra, Ghana, October 2015

Providing Effective Services for Patients Who Have Co-occurring Mental Health and Substance Use Disorders, University of Cape Coast, June 2015

The Nursing Process: A Tool for Evidence-based Practice, University of Cape Coast, April 2015

The Role of the Graduate Nurse in Health Policy Formulation and the Legal Aspect of Nursing by Nursing Students Association (University of Cape Coast), March 2015

Effective Communication and the Teamwork, Risk Assessment and Management Physical Care of Psychiatric Patients, Effective Documentation and Report Writing Management of Aggression and Violence, Care of the Patient in the Community, Care and Action in Mental Health for Africa, Ankaful Psychiatric Hospital, April 2013

Reflective Practice and Learning in Mental Health Nursing, sponsored by Volunteers Nurses Ghana, Ankaful Psychiatric Hospital, November 2010

Professional Membership/Affiliation

Ghana Registered Nurses Association

Service to the Community

Served on the Grand Valley State University (Kirkoff School of Nursing) and University of Cape Coast (School of Nursing) s' Public Health International Exchange Programme Committee (2016-2020)

Served on the Committee constituted by the Department of Mental Health of UCC to revise the Community Mental Health and Mental Health Nursing curricula (2020)

Invited to head the Drug Policy Network Ghana, a branch of West Africa Drug Policy Network whose role includes advocating for problem drug users against stigmatizing such vulnerable groups, engaging policy makers (parliamentarians) for drug policy

reforms and generating data as evidence for illicit drug policy reforms and engaging Civil Society Organizations (CSOs) and other stakeholders to uphold the United Nations Drug Policy enshrined in the principles of Harm Reduction, Public Health, Respect for Human Rights and Alternative Development (2016-present)

REFEREES

Prof. Jeanette E. Maritz, Department of Health Studies, Full Professor, University of South Africa; 082 7888 703, maritje@unisa.ac.za

Dr. Paul Narh Doku, Department of Mental Health, Senior Lecturer, University of Cape Coast; +233 (54) 390-3139, paul.doku@ucc.edu.gh

Dr. Jacob Owusu Sarfo, Department of Health, Physical Education and Recreation, Senior Lecturer, University of Cape Coast; +233 (24) 648-5735, jacob.sarfo@ucc.edu.gh