**CURRICULUM VITAE**

**NAME:** John APPIAH-POKU

**ADDRESS:** SMS – KNUST, Kumasi, Ghana.

**DATE OF BIRTH:** June 27, 1956, Afrancho

**MARITAL STATUS:** Single

**NATIONALITY:** Ghanaian

1a. **ACADEMIC DEGREES.**

1. Fellow of African Bioethics Training Program (FABTP), 2003
2. Master of Sacred Theology, 1984
3. Bachelor of Sacred Theology (Pontifical Faculty), 1983
4. General Certificate of Education (WAEC) 1977
5. General Certificate of Education (WAEC) 1975

1b. **INSTITUTIONS ATTENDED**

1. Johns Hopkins University, Baltimore, Maryland. 2002 – 2003
2. St. Mary’s Seminary and University, Baltimore, Maryland. 1981 – 83
3. St. Bernard’s Seminary, Rochester, New York. 1979 – 81
4. St. Peter’s Major Seminary, Cape Coast, Ghana. 1977 – 79
5. St. Teresa’s Minor Seminary, Amisano. 1975 – 77
6. St. Hubert’s Minor Seminary, Kumasi, Ghana. 1970 – 75

**2a. ACADEMIC RANKS HELD:**

* Head, Department of behavioral Sciences, 2014 - Present
* Professor, Department of Behavioral Sciences, 2013
* Dean, Faculty of Allied Health Sciences, 2008 – 2014
* Head, Department of Behavioral Sciences, 2004 – 2008
* Associate Professor, Dept. of Behavioral Sciences, 2004 – 2013
* Senior Lecturer, Dept. of Behavioral Sciences, 1997 – 2004
* Lecturer, Dept. of Behavioral Sciences, 1989 – 1997
* Chief Invigilator, SMS,KNUST, 1994-96
* Chief Examinations Officer School of Medical Sciences, KNUST, 1996-2000
* Coordinator of the Clinical Program, School of Medical Sciences, UST, 1996-2000

**2b. SUPERVISION OF STUDENT PROJECTS**

* The impact of blood glucose and cholesterol level on the manifestation of Psychiatric disorders. Towards a B.Sc. Degree, Med. Lab. Tech., 2006
* Prevalence of metabolic syndrome among Psychiatric Patients in the Kumasi Metropolis, Ghana. Supervised towards a M.Sc. degree in Med. Lab. Tech., 2008
* Hyperlipidaemia following treatment with antipsychotic medication, towards a B.Sc. degree in Med. Lab. Tech., 2010

**2c. OTHER PROFESSIONALLY RELATED EXPERIENCE**

* Deacon Intern - All Saints Catholic Church, Ellicott City, Baltimore, MD. Jan – Dec. 1982
* Intern, Johns Hopkins Teaching Hospital, Clinical Pastoral Education Program Oct. 1981 – May 1983.
* Assistant Priest, St. Michael’s Cath. Church, Jamasi, Sept. 1983 – Aug. 1985
* Synod Implementation Committee member, Jan. 1984 – Dec. 1984
* National Catholic Youth Chaplain, Sept. 1985 – Aug. 1989
* Diocesan Priests’ Council Member, Sept. 1986 – Aug. 1988
* Chaplain-in-residence, Our Lady of Mercy Hospital, New York, NY. Jun. 1991 – Sept. 1991
* Chaplain in residence, Nassau County Medical Center, New York, NY. Jun. 2000 – Sept. 2000
* Resident, Dept. of Clinical Bioethics, Johns Hopkins University Hospital, Jan. 2002 – July 2002.
* Fellowship Attachment, Dept. of Clinical Bioethics, National Institutes of Health, Bethesda, MA. Jan. 2002 – Jun. 2002.

**AWARDS AND FELLOWSHIPS**

1. Welcome Trust Scholarship to attend the 6th Global forum for Bioethics in Research.
2. AMANET Grant for strengthening Institutional Review Boards in Africa. ($50,000.00 US)
3. VW Grant to study the impact of infectious disease in Children in two African settings. Three year prospective study
4. NIMH Grant award to study Development of Mental Health in Developing World settings. A five year multi-centered study in Nigeria, Ghana, Gambia, Liberia, Kenya and South Africa.
5. NICHE 261 to assist the Nurses and Midwifery Council to upgrade to digital examinations

**3. DETAILS OF RESEARCH OR PROJECTS**

**a) Research conducted:**

1. Patient Withdrawal from Medical Treatment – Result published

2. Justice Issues in Health Care in Ghana – Result Published

3. Family involvement in the Care of the mentally ill – some result published

4. Informed Consent Issues – Some result published others in press\*

5. Ethics in Medical Education –Ongoing

6. TB Patients’ Perception of Research Benefits – Results published

7. Community’s Rule in the Informed consent Process – some results published

8. Alcohol use in Out Patient psychiatric Unit at the KATH –Results published

9. Benefits of research among TB patients – results published.

10. Biochemical effects of anti-psychotic drugs – Results published

11. Impact of infectious diseases on the mental development of children – results published

12. Psychiatric education in Ghana – results published

13. Partnership for Mental Development in some African Countries: A study of task shifting

from Primary care using traditional medical practitioners. (PaM-D) – some results published but on-going

**b) Publications arising out of the research**

**Appiah- Poku, J**. Justice in Health Care, A Study at the KomfoAnokye Teaching Hospital, Kumasi, Ghana. Ghana Medical Journal 1996 vol. 31a: 826-828

**Appiah-Poku J**. Patient withdrawal from medical treatment: A pilot study at the KomfoAnokye Teaching Hospital, Part l. West African Medical Journal, 1998 vol. 17 no.3: 140-143.

**Appiah-Poku J**. A study of the perceived role of accompanying relatives to the Psychiatric Department of the KomfoAnokye Teaching Hospital, Kumasi. Journal of the University of Science and Technology 1998 vol. 18 no.1: 23-24

**AppiahPoku J**. Informed Consent and Patient Compliance – A Study at the Out-Patient Department of the Psychiatric Unit of the KomfoAnokye Teaching Hospital, Kumasi. Ghana Medical Journal 1999 vol.21

**Appiah-Poku J**; Laugharne, R; Mensah, E; et al, Previous help sought by patients presenting to mental health services in Kumasi, Ghana. Social psychiatry and psychiatric Epidemiology 2004 Mar, 39(3): 2008-11

**Appiah-Poku J**. Caring for the terminally Ill Patient – A pilot study, Ghana Medical Journal 2003 vol. 37 no.3 pp.107-9

**Appiah-Poku J**. Integrity in the Scientific Research Enterprise, Technocrat July 2003 vol. 1 no.

**Appiah-Poku J**. Some value considerations for justifying research in resource poor environments, Technocrat Jan-Mar, 2004 vol. 2 no.1pp.12-13.

**Appiah-Poku J**. Teaching Medical Ethics in a Medical School in Kumasi, Ghana, in proceedings of the First conference on Ethics Education in medical Schools, Eilat, Israel, Feb.17-22, 2005

**Appiah-Poku J**. A Study of the use of Informed consent Procedures on some Surgical Wards at the KomfoAnokye Teaching Hospital, Kumasi, in proceedings of the Sixth International conference on Bioethics in Rio, Brazil, November 18 – 22, 2005.

**Appiah-Poku J**. New Knowledge Drives Research: According to participants in TB Research program. Bioethics Exchange 2004 vol. 1 no. 1 pp 1-2.

**Appiah-Poku, J**. Conflict of Interest in Research, Technocrat 2005 vol. 3 no.1pp 7-8.

Newton, S.K. **Appiah-Poku J**. The Perspective of Researchers on obtaining Informed Consent in Developing Countries, Developing World Bioethics vol.7 no.1 2007 pp.19-24.

Newton S.K., **Appiah-Poku J**. Opinion of UK based Researchers on Recruiting subject into randomized control trials in developing countries, , Developing World Bioethics vol. 7 no.3 December 2007 pp. 149-156

Amanda Redvers, **John Appiah-Poku**, Richard Laugharne, Alcohol misuse in psychiatric outpatients in Ghana, Primary care and community psychiatry, vol. 11 no. 4. 2006, 179-183

N. Kass, A. Hyder, A. Demola, **J. Appiah-Poku**, et. al. The Structure and Function of Research Committees in Africa, Plos Med. (2007) vol.4:1 e3 pp. 0026-31

Laugharne R. **Appiah-Poku, J**. Laugharne J. Attitude of Medical Students towards Psychiatry, Academic Psychiatry 33:1 Jan-Feb. 2009 pp.71-75

W.K.B.A. Owiredu, **J. Appiah-Poku**, A. Yeboah, N. Amidu, Y. Osei. Hyperlipidaemia following treatment with antipsychotic medication, Journal Of Ghana Science Association, vol. 11 no. 2, Dec. 2009 123-135

W.K.B.A. Owiredu, **J. Appiah-Poku**, F.Adusei-Poku, N. Amidu, Y. Osei, The impact of blood glucose and cholesterol level on the manifestation of Psychiatric disorders. Pakistan Journal of Biological Sciences 12 (3): 252-257, 2009

**Appiah-Poku, J**., Laugharne, J., Laugharne, R., Fostering psychiatry to Ghana: the impact of a short review course through an international collaboration, Academic Psychiatry, Nov. 01, 2011, Vol. 35, no.6

**Appiah-Poku, J**.,Newton, Sam., Kass, N. Participants’ perception of research benefits in an African epidemiologic study. Developing World Bioethics 2011 Dec; 11(3):128-35

W.K.B.A. Owiredu, O. Osei, N. Amidu**, J. Appiah-Poku**, Y. Osei. Prevalence of metabolic syndrome among Psychiatric Patients in the Kumasi Metropolis, Ghana. Journal of Medical and Biomedical Sciences (2012) 1(2): 38-49.

Carola Bindt, **John Appiah-Poku**, Marguerite TeBonle, Stefanie Schoppen et. al. Antepartum Depression and Anxiety Associated with Disability in African Women: A Cross Sectional Results from the CDS Study in Ghana and Cote D’Ivoire. [www.plosone.org](http://www.plosone.org), Oct. 2012, vol.7:10, e48396

NanGua, Carola Bindt, Marguerite Bonle, **John Appiah-Poku**, et. al. Association of Antepartum and Postpartum Depression in Ghanaian and Ivorian Women With Febrile illness in Their Offspring: A Prospective Cohort Study. American Journal of Epidemiology, 2013;178(9):1394-1402

Guo, N., Bindt, C., Te Bonle, M., **Appiah-Poku, J.,** Tomori, C., Hinz, R., ... & Koffi, M. (2014). Mental health related determinants of parenting stress among urban mothers of young children–results from a birth-cohort study in Ghana and Côte d’Ivoire. *BMC psychiatry*, *14*(1), 1.

Lyons, Z., Laugharne, J., Laugharne, R., & **Appiah-Poku, J.** (2015). Stigma towards mental illness among medical students in Australia and Ghana. *Academic Psychiatry*, *39*(3), 305-308.

Barnie, B. A., Forson, P. K., Opare-Addo, M. N. A., **Appiah-Poku, J.**, Rhule, G. P., Oduro, G., ... & Donkor, P. (2015). Knowledge and Perceptions of Health Workers’ Training on Ethics, Confidentiality and Medico-Legal Issues. *Journal of Clinical Research & Bioethics*, *2015*.

Barthel, D., Kriston, L., Barkmann, C., **Appiah-Poku, J**., Te Bonle, M., Doris, K. Y. E., ... & Fordjour, D. (2016). Longitudinal course of ante-and postpartum generalized anxiety symptoms and associated factors in West-African women from Ghana and Côte d’Ivoire. *Journal of Affective Disorders*, *197*, 125-133.

Pilowsky, D. J., Rojas, G., Price, L. N., **Appiah-Poku, J**., Razzaque, B., Sharma, M., ... & Kola, L. (2016). Building Research Capacity Across and Within Low-and Middle-Income Countries: The Collaborative Hubs for International Research on Mental Health. *Academic psychiatry: the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*.

Barthel, D., Barkmann, C., Ehrhardt, S., Bindt, C., & International CDS Study Group. (2014). Psychometric properties of the 7-item Generalized Anxiety Disorder scale in antepartum women from Ghana and Côte d’Ivoire. *Journal of affective disorders*, *169*, 203-211.

Barthel, D., Barkmann, C., Ehrhardt, S., Schoppen, S., Bindt, C., & International CDS Study Group. (2015). Screening for depression in pregnant women from Côte d׳ Ivoire and Ghana: Psychometric properties of the Patient Health Questionnaire-9. *Journal of affective disorders*, *187*, 232-240.

<https://www.researchgate.net/publication/295245514_Building_Research_Capacity_Across_and_Within_Low-_and_Middle-Income_Countries_The_Collaborative_Hubs_for_International_Research_on_Mental_Health>

<https://www.researchgate.net/publication/297729307_Longitudinal_course_of_ante-_and_postpartum_generalized_anxiety_symptoms_and_associated_factors_in_West-African_women_from_Ghana_and_Cote_d'Ivoire>

<https://www.researchgate.net/publication/295245514_Building_Research_Capacity_Across_and_Within_Low-_and_Middle-Income_Countries_The_Collaborative_Hubs_for_International_Research_on_Mental_Health>

<https://www.researchgate.net/publication/297729307_Longitudinal_course_of_ante-_and_postpartum_generalized_anxiety_symptoms_and_associated_factors_in_West-African_women_from_Ghana_and_Cote_d'Ivoire>

<https://www.researchgate.net/publication/305894826_Explanatory_model_of_psychosis_impact_on_perception_of_self-stigma_by_patients_in_three_sub-saharan_African_cities>

<https://www.researchgate.net/publication/319697480_Collaboration_Between_Biomedical_and_Complementary_and_Alternative_Care_Providers_Barriers_and_Pathways>

<https://www.researchgate.net/publication/320308608_COllaborative_Shared_care_to_IMprove_Psychosis_Outcome_COSIMPO_Study_protocol_for_a_randomized_controlled_trial>

<https://www.researchgate.net/publication/329043159_A_survey_of_traditional_and_faith_healers_providing_mental_health_care_in_three_sub-Saharan_African_countries>

[**Partnership for mental health development in Sub-Saharan Africa (PaM-D): A collaborative initiative for research and capacity building**](https://www.researchgate.net/publication/329220157_Partnership_for_mental_health_development_in_Sub-Saharan_Africa_PaM-D_A_collaborative_initiative_for_research_and_capacity_building) **https://www.researchgate.net/journal/2045-7960\_Epidemiology\_and\_Psychiatric\_Sciences**

1. **EXHIB ITIONS:**

**Oral presentation:** Ethical Issues in Injury Control Research, at the Multi-Sectoral

Training Course on Injury Control, Kumasi, November 13-16, 2006.

**Oral Presentation:** Ethics of Medical Practice – Contemporary Issues, Medical and

Dental Council Seminar, Accra, March 28, 2007

**Oral Presentation:** The Role of Ethics in Medical Education, Ghana Medical Association’s

Seminar, Kumasi, March 2008

**Oral Presentation:**  The professional responsibility of the University Worker, Human

Resource Seminar, KNUST, Kumasi, October 2008

**Oral Presentation:** The State of Mental Health Delivery in the Ashanti Region,

GMA (Ashanti Division) Seminar, Miklin Hotel, Kumasi, April 27, 2009.

**Oral Presentation:**  Institutional Review Boards in Research, A GMA Residents’ Seminar,

Anita Hotel, Kumasi, November, 2010.

**Oral Presentation:** Human Trials and Ethical Issues, Volkswagen Foundation’s Initiative

Summer School, KCCR, Kumasi, March 30, 2011Human Resource Seminar for Staff

of KNUST, Apr. 2011

**Oral Presentation:** Ethics in Research, KNUST Summer School, August 2011

**Oral Presentation:** Ethics submission, procedures and challenges, Research and

Development Training Seminar, KATH, Kumasi, November 8, 2011

**Oral Presentation:** Software in student leadership discretion: Power, authority, rights -

Manners and Etiquette, SRC Leadership Seminar, KNUST, Kumasi, May 15, 2012

1. **RECORD OF SERVICE TO THE COMMUNIT**

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| --- | --- | --- |
| No | Position Held |  |
| 1 | Dean, Faculty of Allied Health Sciences, 2009 - 2014 |  |
| 2 | Head, Dept. of Behavioral Sciences, |  |
| 3 | Acting Chaplain of the Catholic Chaplaincy, October 2009 – Sept. 2010 |  |
| 4 | Chairman of the Photocopy Management Board 2006 - 2008 |  |
| 5 | Secretary of the Committee for Human Research Publications and Ethics 2004 - Present |  |
| 6 | Member of the Welfare Services Board, KNUST Oct. 2009 – Sept. 2010 |  |
| 7 | Chairman, sub-committee of the planning and resource committee to consider the affiliation of Radford University College for B.Sc. Allied Health Sciences Feb. 2013 |  |
| 8 | Chairman, Committee of enquiry into allegations against the Internal Auditor, Aug. 2007 |  |
| 8 | Member of the Academic Board, KNUST 2004 - 2008 |  |
| 9 | Member of School of Medical Sciences Board, 1989 - present |  |
| 10 | Chairman Faculty of Allied Health Sciences Board 2008 - 2014 |  |
| 11 | Member College of Health Sciences Board 2008 - Present |  |
| 12 | Member School of Medical Sciences Admissions Committee, 2002 - present |  |
| 13 | Academic Board representative on the Academic Board of Spiritan University, 2010 – 2012 |  |
| 14 | Member, Office of Dean of Students’ Board |  |
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Service to the National and International Community

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| 1 | Chairman Board of Governors St. Hubert’s Sem. And Senior High School, |  |
| 2 | President, Ghana Bioethics Initiative |  |
| 3 | Member, National Sickle Cell Foundation Board of Directors |  |
| 4 | Member, National Ethics Commission of the National Catholic Secretariat |  |
| 5 | Reviewer for the Ghana Medical Journal |  |
| 6 | Reviewer for the British Medical Journal (Bioethics Edition)  Reviewer for Journal of Affective Disorders |  |
| 7 | Resource person, KAAD Association of Scholars of West Africa |  |
| 8 | Resource person, Ghana Medical and Dental Council on Bioethics |  |
| 9 | Resource person, Commonwealth Human Rights Initiative |  |
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