# CURRICULUM VITAE

**PERSONAL DETAILS**

**Name** Emma Sethina Adjaottor

**Date and Place of Birth** 25th October, 1962, Sekondi

**Nationality** Ghanaian

**Marital Status** Married

**Date of first appointment** November 15, 1993

**Status of appointment** Lecturer

**Present Rank** Senior Lecturer

**Address** Department of Behavioural Sciences

School of Medicine and Dentistry (SMD)

Kwame Nkrumah University of Science Technology (KNUST), Kumasi

**EDUCATION:**

**Academic Qualifications earned with dates:**

PhD Psychology 31st December, 2012

M.Ed. Psychology 21st October, 1991

B.Ed. Education 17th July, 1987

**Institutions Attended:**

University of Ghana, Legon Sept. 2005 – Dec 2012

University of Cape Coast, Ghana Sept.1989 – Oct. 1991

University of Ibadan, Ibadan, Nigeria Oct. 1984 – July, 1987

**UNIVERSITY TEACHING AND OR RESEARCH EXPERIEENCE WITH DATES**

1. **Academic Ranks held and subjects taught**

Lecturer and Examiner in GMH 554 “Stigma and Mental Health Promotion” 2019

Post Graduate Students, Department of Behavioural Sciences

Local Coordinator for International Master’s Degree in Global Mental Health Policy, 2018-19

Services and Development.

Lecturer and Examiner in AUD 507 “Introduction to Psychology” 2016-19

School of Medicine and Dentistry (SMD), Department of Eye, Ear, Nose and Throat

Lecturer and Examiner in SMS 154 “Introduction to the Behavioural Sciences” 2016-20

Faculty of Allied Health. First Year (Medical Imaging I, Medical Laboratory

Technology I, Midwifery I & Nursing I)

Lecturer and Examiner in COH 731: “Psychological Basis of Health” 2003-2004

Post Graduate Students, Department of Community Health, SMD

KNUST.

Lecturer and Examiner in BIOL 416 “Animal Behaviour” Final Year 2001- 2003

Students, Department of Biological Sciences, KNUST.

Lecturer and Examiner in BS 201: “Introduction to the Behavioural 2001

Sciences”, Department of Behavioural Sciences, School of Medicine And

Health Sciences, University of Development Studies, Tamale, Ghana.

Lecturer and Examiner in ARC 156 & 157 “Environmental Psychology” 1999 - 2003

First Year students, Department of Architecture, Faculty of Environmental

And Development Studies, KNUST.

Lecturer and Examiner in “Certificate course in Health Education”, 1997 - 2003

Department of Community Health, SMD KNUST.

Clinical Teaching – Department of Behavioural Sciences (Psychiatry 1998 - 2005

Department, Komfo Anokye Teaching Hospital, Kumasi) SMD, KNUST.

Lecturer and Examiner in SMS 154 “Foundations of the Behavioural 1993 - 2015

Sciences”, First Year students, Department of Behavioural Sciences, SMD, KNUST.

Lecturer and Examiner in SMS 354: Personality and Social Behaviour 1993 – to date

Third Year students, Department of Behavioural Sciences, SMD, KNUST

* Human Development and Cognitive Behaviour
* Personality and Social Psychology

Lecturer and Examiner in Special Education – First Year students 1993

University College of Education, Winneba

Teaching Assistant in Education and Special Education 1990 - 1991

– First and Second year students, Department of

Educational Foundations, Faculty of Education, University of Cape Coast.

Teaching Assistant in Education and Special Education 1989

– First Years, Department of Educational Foundations, Faculty of Education,

University of Cape Coast. (Second Year National Service).

1. **Thesis Supervision**

Prevalence of bullying and its relationship with suicidality among in-school adolescents

in Benin City, Nigeria. Temitope Oyinlola Jegede (PG 5120918) 2019-2021

The Effects of Stigma Experiences on chronic Psychiatric Patients at Pantang

Hospital Adio Selasi (PG 2018- date)

1. **Other Professionally Related Experience**

Counselling HIV patients at the Department of Medicine, KATH 2019 – to date

Counsellor and Psychotherapist, Department of Behavioural Sciences, 1993- to date

School of Medical Sciences, KNUST, Kumasi Ghana.

Offering counselling/psychotherapy to psychiatric patients at Psychiatric 1993- 2012

Department, KATH.

Counselling parents of children with Mental Retardation, Learning 1993- 2005

Disabilities, and other behavioural problems.

Assessment of children with Mental Retardation and Learning Disabilities 1991- 2005

for placement and management in Special schools.

Special Education Co-ordinator, Ghana Education Service, District 1991-1993

Education Office, Cape Coast.

Assessment Officer, Assessment and Resource Centre for Children, 1988

Achimota – Accra (First Year National Service).

**Training**

Acquired Computer Literacy Education at the African Virtual University 2002

KNUST, Kumasi in

* Computer Literacy/Application Course

Acquired Computer Literacy Education at Computer Klass Institute, Adum 1997

Kumasi in

* Introduction to Computers
* Word processing
* Spreadsheet

**DETAILS OF RESEARCH/PROJECTS UNDERTAKEN**

1. **Research Undertaken (Topics with dates)**

The impact of ECT on the mean duration of hospitalization of patients in the psychiatric 2020

Directorate, KATH, Kumasi, Ghana.

Attitudes toward Suicide: A Comparison between Urban and Rural Dwellers in Ghana. 2019

A Snapshot of Mental Disorders among KNUST Students’: A blue Print for Designing 2020-date

Integrated HealthCare System to mitigate the surge of Mental Disorders among Students

The Emotional Impact of Covid -19 on Humanity: “Somebody help me! I’m carrying the 2020

dangerous COVID-19 virus and about to die”.

Neurocognitive deficit among adolescents with HIV 2019

Bio-psychosocial challenges of University students: A systematic review 2019

Mental Health challenges in academia: Comparison between students of the various 2018

Educational groups

Attitudes Toward Suicide: A Comparative study of Ghanaian and Western

Foreign students in Ghana (PH.D THESIS). 2005-2012

Previous help sought by patients presenting to mental health services 1999-2002

Mental Health Education for Patients’ Relatives at Komfo Anokye 1997-1999 Teaching Hospital, Kumasi.

The Effect of Modelling Strategy on the Reading Performance of

Children with Reading problems (M.Ed. Thesis) 1989-1991

1. **Publications Arising out of Research**

Addo F. M., **Adjaottor, E. S.,** Amoah C., Appiah, F. Asare J., Amankwaah, G.B.(2021) The impact of ECT on the Mean Duration of Hospitalization of Patients in the Psychiatric Unit, KATH, Kumasi, Ghana.

*International Journal of Innovative Science and Research Technology 6(7)*

Addo, FM. Amoah. C., **Adjaottor, E. S.,** Amankwaah, G. B.(2021) The Emotional Impact of Covid- 19 on Humanity: “I “M Carrying the Covid-19 virus and will Infect and Kill My Only Child”.

*International Journal of Innovative Science and Research Technology, 6 (7) July – 2021.S*

Sarku, E., **Adjaottor, E.,** Addo, F.-M., & Ahorsu, D. (2021). Supportive systems needed for the functioning of people with traumatic brain injury: An exploratory study. Asian Journal of Social Health and Behaviour, 4(3), 110-115. Doi:10.4103/shb\_13\_21

Ahorsu D. K., **Adjaottor, E. S.,** Lam B. Y (2021) Intervention Effect of Non-Invasive Brain Stimulation on Cognitive Functions among People with Traumatic Brain injury: A Systematic Review and Meta-Analysis. *Brain Sciences, 11(7)*

**Adjaottor, E. S.** & Ahorsu, D. K. (2020) Attitudes toward Suicide: A Comparison between Urban and Rural Dwellers in Ghana, *Social Health and Behaviour,* 3(3), 89-92.

Ahorsu D. K., **Adjaottor, E. S**., Yeboah F. A. & Opoku Y. (2020). Mental health challenges in academia: Comparison between students of the various educational levels in Ghana, *Journal of Mental Health*, DOI: 10.1080/09638237.2020.1739253.

Amoah C**.,** **Addo F. M.,** Adjaottor, E.S., Ansah E.O.A & Nceba Z. S (2020). Internet Addiction Among KNUST School of Medical Sciences and Dentistry (KSMD) Students – A Preliminary Study in Ghana. Journal of Education and Learning Technology 1, no.2 (2020): 48-60. <https://doi.org/10.38159/jelt.2020062>.

**Adjaottor, E. S.** & Ahorsu, D.K. (2015). Attitudes toward suicide: A comparative study between Ghanaian and Western foreign students in Ghana, *Journal of Scientific Research and Studies,* 2(6), 157-163

Appiah Poku, J., Laugham, R., **Mensah, E. S**., & Osei Y, Burns T. (2004). Previous help sought by patients presenting to mental health services in Kumasi, Ghana, *Social Psychiatric Epidemiology Journal,* 39, 208-211

**Mensah, E. S.** & Yeboah, F. (2003), A Preliminary Study into the Evaluation of Drug

Compliance among Psychiatric Patients in Komfo Anokye Teaching Hospital, Kumasi, Ghana. *Ghana Medical Journal*, 37, 2**,** 68-71

**Mensah, E. S.** (2003), Caring for the Carers: Mental Health Education for Patients’

Relatives at Komfo Anokye Teaching Hospital, Kumasi, Ghana (2003). *Ife Psychologia*, 11, 2, 52-58

**CONFERENCES/ SEMINARS/ WORKSHOPS**

9th Inter-Medical Schools Debate 2019, University of Ghana, Legon (Key organizer in SMD, KNUST students’ preparation)

8th Inter-Medical Schools Debate 2018, UCC, 2nd November, 2018 (Key organizer in SMD, KNUST students’ preparation).

8th Summer School, Great Hall, KNUST, 20th – 24th August, 2018.

4th Mental Health and Well-Being Conference of Ghana 2018, Great Hall, KNUST, 15th – 17th October, 2018.

7th Inter-Medical Schools Debate 2017, College of Science Auditorium, KNUST, 13th October, 2017.

3rdInter-Medical Schools Debate, 2013, KNUST, Kumasi (Key organiser in SMD, KNUST student’s preparation)

Senior Academic Leadership Training, for Heads of Department (SALT PHASE II), Institute of Statistical, Social and Economic Research (ISSER), University of Ghana, Legon. 28th - 31st August 2016

5th Summer School: Quality Assurance and Planning Unit, Kwame Nkrumah University of Science and Technology, Kumasi, August 2015

Seminar: Managing Time for Success: Challenges of a Professional Woman. Great Hall Conference Room, Kwame Nkrumah University of Science and Technology, Kumasi, 9th March 2004.

Organiser and facilitator counselling Skills for Peer Group Counsellors, Global Horizons Movement, an NGO in Kumasi, Ghana. April/May 2003.

Second Annual Conference, Ghana Psychological Association, Sasakawa Centre,

University of Cape Coast, October 2002.

Facilitator, Special training on Effective and Peaceful Working Atmosphere

For Students Representative Council, KNUST, Kumasi. 9th- 12th Feb 2004, 13th-15th March 2003 & 21st – 23rd March 2002.

Facilitator, Training of undergraduates Peer counsellors, KNUST, Kumasi,

28th – 31st October 2003 and 13-16th November 2001.

Facilitator, Improving Quality of Obstetrics Care Through Nearmiss Audit Enquiry in

Ashanti Region, Ghana. Department of Community Health, SMS, KNUST. Programme

For health Personnel at KATH and Pramso Hospitals, March, 1999.

Facilitator, Workshop on Early Identification and Prevention of Disabilities in Children,

Ghana Education Service, Metro Education Office, Kumasi, 7th – 13th December, 1999.

West Africa Distance Education Association (WADEA) Seminar/Conference, GIMPA

Accra, Ghana, July 28th - August 1st 1994.

**AWARDS**

The Department of Behavioural Sciences won the 9th Inter-Medical Schools public speaking competition between 6 medical schools in the country under my headship in November, 2019.

**ACHIEVEMENTS**

Instrumental in acquiring a block for the Department of Behavioural Sciences Feb 2020

Contributed to the establishment of an MSc. Programme at the Department of 2018-19

Behavioural Sciences: International Master’s Degree in Global Mental Health Policy,

Services and Development.

**SERVICE TO COMMUNITY**

**Kwame Nkrumah University of Science and Technology (KNUST)**

Granted interview to the Standing Committee on Sexual and Reproductive 8th March, 2019

Health Including H IV/AIDS (SCORA-KNUST) of the International

Federation of Medical Students’ Association (IFMSA) on

International Women’s Day.

Counselling of SMD repeaters initiated by the Dean 2018 to date

External Examiner, Department of Education and Psychology, UCC 2016 to date

Head, Department of Behavioural Sciences, SMD 2012-14, 2016-18

2018 - 20

Hall tutor, SMD Clinical Hostel, KATH 2000 - 2005

Counsellor, Student Counselling Centre, KNUST 1999 - 2005

Member and Secretary, SMD Strategic Planning Committee. 2000 - 2001

Member, SMD Library Committee 2000-2002

Academic Tutor, SMD 1999 - 2005

Member, Queens Hall, KNUST 1999 – 2002

Hall Tutor, Queens Hall, KNUST 1996 – 1998

Member, SMD School Board 1995-2005, 2012-14,

2016-18, 2018-20

Departmental Examinations Officer, 1995-2005, 2015*-*16

Hall fellow, Queen’s Hall-KNUST. 1999 *to date*

**SERVICE TO NATION**

Member, Ghana Psychology Council 2014 to date

Member, Ghana Psychological Association 2000- *to date*

Fontomfrom Television Resource Person, Kumasi 2000

Love FM Resource Person, Kumasi 1999

Member and Counsellor, Friends of the Disabled, NGO, Kumasi 1994 – 2000

Ghana.

Giving Public lectures related to Mental Health to schools, churches 1994 – *to date*

Youth groups and organisations.

**International Service**

Member of Editorial Board, Gender and Behaviour, Ife Centre for 2003 – 2005

Psychological Studies, University of Ife, Ife, Nigeria