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D.O.B.: April 1, 1986

SUMMARY

Double-board certified consultant psychiatrist, senior lecturer (Assistant Professor), child and adolescent mental health (CAMH) professional and post-doctoral research fellow with keen interest and experience in the epidemiology, genetics and biomechanisms of mood and psychotic disorders, psychometrics and assessment tool development, adaptation and evaluation for LMICs, global mental health and general epidemiology of CAMH disorders with a community-centered focus on low-resource, developing country settings.

ACADEMIC QUALIFICATIONS AND UNIVERSITY EDUCATION

Doctor of Philosophy in Psychiatry, University of Cambridge, Cambridge UK, Viva passed March 2024 and degree awarded May 2025. Thesis: *Conceptualisation and Culturally Appropriate Assessment of Executive Function in Children in Ghana and Nigeria*

Master of Science in Child and Adolescent Mental Health (with Distinction), University of Ibadan, Nigeria: final degree awarded Nov 2017

Diploma in Project Design and Management, Liverpool School of Tropical Medicine, course work and thesis completed July 2015, final award of Diploma from LSTM Feb 2019

PROFESSIONAL QUALIFICATIONS

Fellowship, West African College of Physicians (Faculty of Psychiatry), FWACP (Psych) awarded **Nov 2019**: Highest (terminal) professional clinical qualification as a General Adult Psychiatrist post residency. Fellowship examination passed October 2019. This followed passing the WACP Membership exam (boards for junior residency) in General Adult Psychiatry in April 2017

Membership in Psychiatry, Ghana College of Physicians and Surgeons, MGCP Dec 2018: local postgraduate college residency in General Adult Psychiatry run concurrently with WACP programme

Bachelor of Medicine, Bachelor of Surgery (MB.ChB), and Bachelor of Science (BSc.), Human Biology: Kwame Nkrumah University of Science and Technology (KNUST), Kumasi, Ghana, awarded **August 2011** and **August 2009** respectively: basic medical degree/qualification.

POST-DOCTORAL TRAINING

Mayo Mood Fellowship: Mayo Clinic, Rochester, MN, USA- 1 July 2025 – 30 June 2026: This is a one-year post-doctoral research fellowship in Mood disorders, where I received advanced training in biological research methods. In this fellowship I worked with Drs Doo-Sup Choi studying the role of obesity, neuroinflammation and epigenetics in psychotic and mood disorders and the pharmacogenomics of treatment options (including obesity and cardiometabolic syndrome side

effects). I also worked with Dr Stacey Winham using advanced genetic techniques such as Genome-wide Association studies (GWAS) analysis, mendelian randomization (MR) and Genomic MR to establish causality between obesity, rare variant SNPs in African-ancestry populations and mood and psychotic disorders, as well as developing a grant to set up a Biobank for Mood and psychotic disorders in Kumasi, Ghana. I worked also with Dr Taylor-Desir on health and research participation disparities among ethnic minorities, focusing especially on adapting the Assertive Community Treatment (ACT) model for resource poor settings.

PUBLICATIONS

ORCID: <https://orcid.org/0000-0003-0165-8405>

Google Scholar: <https://scholar.google.com/citations?user=pGjwicAAAAAJ&hl=en>

Book Chapter and Thesis

1. **Kusi-Mensah, K.** (2023). *Conceptualisation and Culturally Appropriate Assessment of Executive Function in Children in Ghana and Nigeria* [PhD Thesis, University of Cambridge].
<https://doi.org/10.17863/CAM.113414>
2. Omigbodun O., **Kusi-Mensah K.**, Bella-Awusah T., Ani C. (2017) “The Changing Landscape of Child and Adolescent Mental Health in sub-Saharan Africa” Chapter 6, pp93-122, in Omigbodun O, Oyeboade F, Adediji O. (eds) *Contemporary Issues in Mental Health Care in sub-Saharan Africa* (2017) Ibadan Medical Specialist Group. Publishers: BookBuilders Publishers 2 Awosika Avenue Bodija, Ibadan ISBN: 978-978-921-159-3.
https://books.google.com.ng/books/about/Contemporary_Issues_in_Mental_Health_Car.html?id=1vFTDwAAQBAJ&redir_esc=y

I was co-author principally responsible for literature search, synthesis and drafting of manuscript.

Journal Publications

3. Ezeugwu C, Adedayo M, Olaseni J, **Kusi-Mensah K.** (2026) Examining Psychometric Properties of the NIH Toolbox Executive Function Battery and Latent Profile Analysis in Non-Clinical Preschoolers in Nigeria. *Dev Neuropsychol*. Published online February 17, 2026. doi:10.1080/87565641.2026.2656782
4. **Kusi-Mensah, K.**, Babalola, D., Omuojine, J. P., Owusu-Antwi, R., Daliri, D. B., Bediako, E., Burn, A. M., Omigbodun, O., & Bateman, A. (2026). A Survey of Health Workers in Ghana and Nigeria on the Potential Burden and Local Assessment of Executive Dysfunction Among Children. *Psychiatric Quarterly* 2026, 1–22. <https://doi.org/10.1007/S11126-025-10244-5>
5. **Kusi-Mensah, K.**, Inuwa, K., Otu-Ansah, C., Ekremet, P. A., Sackey, R. C., Owusu-Antwi, R., Ohene, S., & Omigbodun, O. (2024). Prevalence, Patterns and Correlates of Child and Adolescent Mental Disorders in Kumasi, Ghana: An Urban Community-Based Survey. *Child Psychiatry & Human Development* 2024, 1–18. <https://doi.org/10.1007/S10578-024-01799-8>: I was lead author on this paper from my clinical fellowship thesis, conceptualising, supervising and leading data collection and analysis of the project, as well as drafting of the paper.
6. Abubakar-Abdullateef, A., **Kusi-Mensah, K.**, Sun, L., Mohammed, A., & Sheikh, T. L. (2025). Assessing factor structure and measurement invariance of WISC-IV among almajiris attending quranic schools and pupils attending mainstream public primary schools in Northern Nigeria. *Applied Neuropsychology-Child*, 1–13. <https://doi.org/10.1080/21622965.2025.2475297>: I was the corresponding author, playing the leading role in conceptualising and analysing the data, as well as drafting the paper.
7. Wemakor, S., **Kusi-Mensah, K.**, Omuojine, J. P., Mensah, R., & Owusu-Antwi, R. (2025). Factors influencing the length of stay in the psychiatric unit of a Ghanaian teaching hospital: a retrospective

study. *Social Psychiatry and Psychiatric Epidemiology* 2025 60:9, 60(9), 2089–2097.

<https://doi.org/10.1007/S00127-025-02889-1>

8. **Kusi-Mensah, K.**, Tamambang, R., Bella-Awusah, T., Ogunmola, S., Afolayan, A., Toska, E., Hertzog, L., Rudgard, W., Evans, R., Omigbodun, O. (2022). Accelerating progress towards the sustainable development goals for adolescents in Ghana: a cross-sectional study. *Psychology, Health & Medicine* (2022). DOI: 10.1080/13548506.2022.2108086
. <https://www.tandfonline.com/doi/abs/10.1080/13548506.2022.2108086>: I was lead author on this paper which was written based on data culled from my Masters and fellowship projects, where I conceptualised the paper, supervising and leading data collection and analysis of the project.
9. **Kusi-Mensah, K.**, Nuamah, N. D., Wemakor, S., Agorinya, J., Seidu, R., Martyn-Dickens, C., & Bateman, A. (2022). A Systematic Review of the Validity and Reliability of Assessment Tools for Executive Function and Adaptive Function Following Brain Pathology among Children and Adolescents in Low- and Middle-Income Countries. *Neuropsychol Rev* (2022).
<https://doi.org/10.1007/s11065-022-09538-3>: I was lead author on this paper from my PhD work, responsible for conceptualising, supervising and leading data collection and analysis of the project, as well as drafting of the paper.
10. **Kusi-Mensah, K.**, Nuamah, N. D., Wemakor, S., Agorinya, J., Seidu, R., Martyn-Dickens, C., & Bateman, A. (2021). Assessment Tools for Executive Function and Adaptive Function Following Brain Pathology Among Children in Developing Country Contexts: a Scoping Review of Current Tools. *Neuropsychology Review* 2021, 169(7), 1–24. <https://doi.org/10.1007/S11065-021-09529-W>: I was lead author on this 2nd paper from my PhD work, responsible for conceptualising, supervising and leading data collection and analysis of the project, as well as drafting of the paper.
11. **Kwabena Kusi-Mensah**, Gordon Donnir, Stephen Wemakor, Ruth Owusu-Antwi, Olayinka Omigbodun (2019) 'Prevalence and patterns of mental disorders among primary school age children in Ghana: correlates with academic achievement', *Journal of Child and Adolescent Mental Health*. Routledge, 31(3), pp. 214–223. doi: 10.2989/17280583.2019.1678477: This was one of my first papers, where I conceptualised, supervised data collection, conducted data analysis and drafted first paper myself.
12. Tamambang, R., **Kusi-Mensah, K.**, Bella-Awusah, T., Ogunmola, O., Afolayan, A., Toska, E., Hertzog, L., Rudgard, W., Evans, R., Stöckel, H., Cluver, L., Omigbodun, O., & Tamambang, R. (2024). Two are Better Than One but Three is Best: Fast-Tracking the Attainment of the Sustainable Development Goals (SDGs) Among In-School Adolescents in Nigeria. *Child Indicators Research* 2024, 1–23.
<https://doi.org/10.1007/S12187-024-10160-3>: I was responsible here for conceptualisation and revision of the draft.
13. Abubakar-Abdullateef, A., Mohammed, A., **Kusi-Mensah, K.**, Mohammed, H. D., & Kakangi, A. S. (2024). A Comparative Study of Intelligence Quotients of Almajirai Attending Quranic Schools and Pupils of Selected Primary Schools in Zaria, Northwest Nigeria. *West African Journal of Medicine*, 41(6), 699–707. <http://www.ncbi.nlm.nih.gov/pubmed/39340822> : was responsible for conceptualisation and revision of the draft.
14. Tamambang, R., **Kusi-Mensah, K.**, Bella-Awusah, T., Ogunmola, O., Afolayan, A., Toska, E., Hertzog, L., Rudgard, W., Evans, R., & Omigbodun, O. (2024). Identifying potential catalysts to accelerate the achievement of Sustainable Development Goals (SDGs) among adolescents living in Nigeria. *Psychology, Health & Medicine*. <https://doi.org/10.1080/13548506.2023.2289476> : was responsible for conceptualisation and revision of the draft.
15. Schiller, D., Yu, A. N. C., Alia-Klein, N., Becker, S., Cromwell, H. C., Dolcos, F., Eslinger, P. J., Frewen, P., Kemp, A. H., Pace-Schott, E. F., Raber, J., Silton, R. L., Stefanova, E., Williams, J. H. G., Abe, N., Aghajani, M., Albrecht, F., Alexander, R., Anders, S.,... **Kusi-Mensah, K.**, ... Leonie, L.

- (2024). The Human Affectome. *Neuroscience & Biobehavioral Reviews*, 158, 105450.
<https://doi.org/10.1016/J.NEUBIOREV.2023.105450> : this was a paper from a international consortium of hundreds of experts in neuroscience called [the Human Affectome Project](#) that has sought to map out the current state of knowledge on the neuroscience of mood, affect and affective experience. Here, my role was in compiling the literature on ‘self’ in Schizophrenia and Alzheimer’s specifically as part of a narrative review of the literature on the state of the neuroscience on the concept of “self”.
16. Omuojine, J.-P., Bello, T., Wemakor, S., Mante, P. K., Amponsah, G. S., **Kusi-Mensah, K.**, Owusu-Antwi, R., Sarfo, F. S., Ohene, S., & Ojagbemi, A. (2023). Risk factors and outcomes of delirium in hospitalized older Ghanaians. *International Journal of Geriatric Psychiatry*, 38(4), e5912.
<https://doi.org/10.1002/GPS.5912> : role was in reviewing the draft of the manuscript.
 17. Tamsin Ford, **Kwabena Kusi-Mensah**, Tamsin Newlove-Delgado, Paul Ramchandani, Fiona Price-Kuehne, David Rowitch (2021) “Optimising the health-care experiences of babies, children, and young people”, *The Lancet*, Volume 398, Issue 10307, Pages 1201-1203, ISSN 0140-6736,
[https://doi.org/10.1016/S0140-6736\(21\)02124-3](https://doi.org/10.1016/S0140-6736(21)02124-3): role was in contributing to the literature review, and reviewing the draft manuscript.
 18. **Kusi-Mensah, K.** and Omigbodun, O. (2020) ‘Children left behind by parental migration in sub-Saharan Africa.’, *The Lancet. Child & adolescent health*. doi: 10.1016/S2352-4642(19)30398-0: role was in conceptualisation, literature review and doing the initial draft of the paper.
 19. Paul Frewen, Matthias L Schroeter, Giuseppe Riva, Pietro Cipresso, Beth Fairfield, Caterina Padulo, Andrew Haddon Kemp, Lena Palaniyappan, Mayowa Owolabi, **Kwabena Kusi-Mensah**, Maryna Polyakova, Nick Fehertoi, Wendy D’Andrea, Leroy Lowe, Georg Northoff (2020) ‘Neuroimaging the Consciousness of Self: Review, and Conceptual-Methodological Framework’, *Neuroscience & Biobehavioral Reviews. Pergamon*, 112, pp. 164–212. doi: 10.1016/j.neubiorev.2020.01.023.: this is the second paper in the Human Affectome project, with my contributions as above.
 20. Rose-Clarke, K., Rose-Clarke, Kelly; Gurung, Drishti; Brooke-Sumner, Carrie; Burgess, Rochelle; Burns, Jonathan; Kakuma, Ritsuko; **Kusi-Mensah, Kwabena**; Ladrado-Ignacio, Lourdes; Maulik, Pallab K.; Roberts, Tessa; Walker, Ian F.; Williams, Shehan; Yaro, Peter; Thornicroft, Graham; Lund, Crick (2020) ‘Rethinking research on the social determinants of global mental health’, *The Lancet Psychiatry*. Elsevier Ltd, pp. 659–662. doi: 10.1016/S2215-0366(20)30134-6.: role was in reviewing the draft of the paper.
 21. Sundar Gnanavel, Pawan Sharma, Antonin Sebela, Teresa Gomez Alemany, Jane Pei-Chen Chang, Mauro Victor de Medeiros Filho, **Kwabena Kusi-Mensah**, Fransiska Kaligis, Hidekazu Kato, Huu Kim Le, Kana Morimoto, Dmytro Martsenkovskyi, Darpan Kaur Mohinder Singh, Aditya Pawar, Asilay Seker, Napat Sittanomai, Sifat-e Syed, Utkarsh Karki, Arpit Parmar, Marcus Tan (2020) ‘Child and adolescent psychiatry training curriculum: a global trainee’s perspective’, *BJPsych International. Cambridge University Press*, pp. 1–3. doi: 10.1192/bji.2020.8.: compiling the literature on ‘self’ in Schizophrenia and Alzheimer’s specifically
 22. Natala N, Owusu-Antwi R, Donnir G, **Kusi-Mensah K**, Burns H, Mohiuddin S, Fluent T, Riba M, Dalack G (2018). Building Child and Adolescent Psychiatry Expertise in Ghana Through Training and Knowledge Dissemination: a Review of the Initial Collaboration Stages, Opportunities, and Challenges. *Current Psychiatry Reports* 20 (11):105. Available from: <https://doi.org/10.1007/s11920-018-0959-y>: compiling the literature on ‘self’ in Schizophrenia and Alzheimer’s specifically

Published Abstracts in Conference Proceedings

23. **Kusi-Mensah K.**, Wemakor S., Danku C., Owusu-Antwi R., Donnir G., Omigbodun O. Prevalence and Pattern of Mental Disorders in Primary School Children and Correlates with Academic Achievement in Kumasi, Ghana. Proceedings of the 22nd World Congress of the International Association for Child and

Adolescent Psychiatry and Allied Professions (IACAPAP), 2016, September 18-22, Calgary, Alberta, Canada. **Principal investigator: conceived the research, was the main person behind concept design, advised on data collection, and was mainly responsible for data entry and analysis and writing of the manuscript**

24. **Kusi-Mensah K.**, Omigbodun O., Ohene O., Prevalence and Mental Health Correlates of 'left-behind' children in an urban community in Kumasi, Ghana. Proceedings of the 23rd World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), 2018, July 23-27; Prague, Czech Republic, Canada.
25. **Kusi-Mensah K.**, Owusu-Antwi R., Omigbodun O., The first multi-disciplinary Child and Adolescent Mental Health Clinic (CAMH) in Ghana. Proceedings of the 23rd World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), 2018, July 23-27; Prague, Czech Republic, Canada.

GRANTS AND OTHER AWARDS

GCRF QR Internal Grant (Grant No. RNAG/588): This was a Global Challenges Research Fund awarded by Research England to and internally administered by the University of Cambridge. I applied along with senior colleagues at the Department of Psychiatry for this internal funding to fund my doctoral research project (which forms the 'preliminary studies' of this NIH grant application). The to partner I had free reign to manage this grant's implementation in Ghana and Nigeria which was successfully executed and completed by August 2021, under the robust regulation of Research England.

Commonwealth Scholarship 2019: Won the prestigious Commonwealth Scholarship from the UK government to pursue a fully funded PhD at the University of Cambridge. This scholarship is awarded annually out of a pool of thousands of applicants from 66 eligible commonwealth countries around the world. The scholarship covered tuition, travel, room-and-board and monthly stipend for the full duration of the PhD. Value: £220,000

Wellcome Trust Early Career Award Grant finalist 2025: I was shortlisted as a finalist for the Wellcome Trust early career award grant for emerging leaders in LMIC countries, and invited to London July 2025 for interview in connection with my proposed project to implement my PhD thesis work in creating a mobile-app assessment tool for executive functions for children and adolescents in Ghana. I was however ultimately not funded due to issues with the proprietary rights to the tool I was seeking to implement and was asked to revise and re-submit. Potential Value: £550,000

Wellcome Trust International Training Fellowship 2019 (declined): Won this award for Early Career researchers to undertake PhD studies and conduct research in the University of Oxford and in Ghana to the tune of US\$200,000. Declined this in favour of taking up Commonwealth Scholarship

Lasker Foundation Essay Competition Award 2020: Was one of 11 out of hundreds of early-career researchers awarded in this world-wide essay competition for junior medical scientists for my essay entitled: '*As One Single Tribe: Thinking Globally and Locally*'. Price money was \$2000 each towards my educational and research pursuits. Link posted here: <http://www.laskerfoundation.org/new-noteworthy/articles/winners-2020-lasker-essay-contest/>

World Psychiatric Association Leadership Training for Early Career Psychiatrists: invited to take part in conference by World Psychiatric Association to present an abstract at the Thematic Congress (WPATC) *Innovation in Psychiatry: Effective Interventions for Health and Society* in Melbourne, Australia from 25–28 February 2018. Was also invited to take part in training seminar for early career psychiatrists from developing countries, run by Prof Norman Sartorius formerly of the WHO and

former WPA president. Travel grant worth \$1500 was awarded to only 6 out of a pool of 322 applicants worldwide.

Donald J. Cohen Fellowship Award 2016: This is a prestigious, competitive and highly selective fellowship award that provides an opportunity for promising emerging young leaders in Child and Adolescent Psychiatry from around the world to participate in a leadership training programme during the 22nd International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) World Congress- held in Calgary, Canada, in September 2016. I was one of only two fellows from the sub-Saharan Africa region to be selected to participate in this training programme.

Best Poster Presentation Award 2017: Won 1st prize (US\$500) for Best Poster Presentation award out of a competitive pool of nearly 60 posters from all over Africa at the Biological Psychiatry Conference of the South Africa Society of Psychiatrists (SASOP) in Somerset West, Cape Town held 14 – 17th September 2017. Poster was titled “*Socio-demographic and Ecological Correlates of Performance on Intelligence Tests among Children and Adolescents in Ghana*”.

Overall Best Masters Student Award- June 2017: Won the Overall Best Student in the master’s in Child and Adolescent Mental Health at the University of Ibadan, Nigeria, finishing with a Distinction Cumulative GPA grade.

Best Masters’ Thesis Award- June 2017: Won the Best Thesis Project award at the graduation ceremony of the Masters’ in Child and Adolescent Mental Health Programme for my project titled: “*Normative Data on the Raven’s Standard Progressive Matrices and the Slosson Intelligence Test among Children and Adolescents in Ghana*” at the University of Ibadan in Nigeria.

Travel Fellowship for Sangath Leadership in Mental Health Course 2016: This was an award from the Centre for Child and Adolescent Mental Health (funded by the John and Catherine MacArthur Foundation) worth approximately US\$2000 for the Best Student in Coursework from the Masters’ Programme to attend a two-week leadership training course at the Sangath Centre, in Goa India from the 29th Nov – 10th December 2016.

OTHER RESEARCH COLLABORATIONS

ISOBAR project, member External Advisory Board (July 2023 – Present): the Implementing Early Mental & Physical Health Detection & Support: Promoting a Whole-School Approach to Health and Well-being – the **ISOBAR Project** was a school mental health project designed by colleagues from the University of Warwick (UK) and University of Ibadan (Nigeria) to implement and evaluate an evidence-based programme to prevent and/or delay the onset or progression of mental (anxiety, depression, psychosis) and nutritional disorders (malnutrition and obesity) in adolescents aged 12-18 years in India & Nigeria. It was awarded under a Life Course Research Project grant award by the Global Alliance for Chronic Diseases (GACD), which was funded by the UK Medical Research Council (MRC). I was selected and invited to be one of three international members of the external advisory board (along with one from India and the UK).

Arise & Win Project, Work-package Consultant (Feb 2023 – Dec 2025): this was an international project between collaborators in the McGill University (Canada) and University of Ibadan (Nigeria) designed to tackle problems arising from the impact of COVID-19 disruptions on the business and wellbeing of self-employed women entrepreneurs in Nigeria. I was brought on as a consultant for the Workstream dedicated to running a systematic and scoping review on the topic, because of my expertise in mental health and the methodological area of systematic reviews.

Accelerator Hub project, Research Associate (Jan 2020 – Oct 2023): this was a multi-country multi-site project involving collaborators from the University of Oxford (UK), University of Cape Town (South Africa), Stellenbosch University (South Africa) and University of Ibadan (Nigeria), focused on teasing out synergistic factors that exponentially improved the attainment of SDGs by adolescents (known as “accelerators”). I was invited on as a research associate to lead the project arm involving the Ghana dataset (which I had collected myself), resulting in a peer-reviewed publication (Kusi-Mensah *et. al* (2002)).

TEACHING EXPERIENCE

Senior Lecturer, Department of Behavioural Sciences, School of Medical Sciences, KNUST (Nov 2024 – Present): I have been lecturing with the local medical school in Kumasi Ghana as a clinical lecturer in Psychiatry (part-time initially and now full time), teaching undergraduate medical students in didactic lectures and bed-side teaching. In this role I have also taken part in examination question setting, script marking and invigilation (both end of rotation and final exit exams for the medical students). I also train post-graduate residents in General Adult Psychiatry and Child Psychiatry as part of the residency training programme both for the Ghana and West Africa colleges in Kumasi, Ghana.

Part-time Senior Lecturer, Department of Behavioural Sciences, School of Medicine and Dentistry, KNUST (May 2017 – Nov 2024): as above, I performed the above duties but in a part capacity until November 2024.

Lecturer, School of Anaesthesia Kumasi (October 2017 – Oct 2019): I taught a course in medical philosophy medical ethics and medicolegal issues to post-graduate nursing students of anaesthesia, for 4 hours a week.

THESIS SUPERVISION AND FACULTY ADVISOR EXPERIENCE

Since becoming a fellow of the WACP in 2019, I have advised on, supervised or co-supervised the following clinical fellowship dissertation and masters thesis dissertations:

1. **Candidate:** Omuojine, John Paul
Examination: Fellowship, WACP
Title: Prevalent and Incident Delirium in Elderly Medical In-Patients in a West African Teaching Hospital: Risk Factors, Recognition, Outcomes and Validity and Reliability Of A Two-Step Brief Screening Method
NB: won best thesis award at the 2021 WACP fellowship exams.
2. **Candidate:** Otu-Ansah, Caleb
Examination: Fellowship, WACP
Title: Validation of Vineland Adaptive Behaviour Scale Among Children in Ghana and Nigeria: A Phenomenological Approach to Cross-Cultural Validation
NB: thesis currently at Proposal stage

PROFESSIONAL ROLES, LEADERSHIP AND OTHER ACTIVITIES

Visiting Researcher, Child and Adolescent Resilience in Mental health Research group (CHARM), Dept of Psychiatry, University of Cambridge (July 2024 – Date): Following the

successful defence of my PhD thesis at Cambridge, my department appointed me as a Visiting Researcher to collaborate on various research projects including the ARTEMIS-A project, an NIHR funded project to develop an online screening tool for adolescent mental disorders using advanced psychometrics and computerized adaptive testing (CAT) technology. My specific role is to replicate this study and technology in Ghana.

Senior Research Advisor, Research Design Services, National Institute of Health Research (NIHR) East of England Service (Nov 2022 – Dec 2023): in this role, I work with a highly experienced team of research advisors based in the University of Essex and the University of Cambridge as a Research advisor, where I advise clients drawn from the entire East of England region on their research proposals to the NIHR grant-awarding funding agency. In this capacity I interface with applicants across the full spectrum of experience (from senior medical academics to novices in the research field) from a wide variety of backgrounds (from academics in Universities, to clinicians in NHS hospitals to Tech Start-ups and SMEs in industry) to think through, synthesise and put forward a solid proposal that is likely to get funded by the NIHR and other similar funding organisations.

Acting Head of Department, Department of Psychiatry, KATH (July - Aug 2017; Feb-March 2019; May – June 2025): I took on this role when the senior-most doctor was away on study leave. I oversaw all clinical and administrative activities in the department.

Lead Clinician Department of Psychiatry, KATH (Jan 2018- Oct 2019; Feb 2025 - present): in this role as the 2nd in command in the Department, I supervise all the doctors and all clinical activities in the Department. I ensure all doctors are playing assigned roles and clinical relations between the Department and the rest of the Hospital are well maintained.

Postgraduate Training Coordinator, KATH and WACP Ghana Chapter (October 2023 – present): in this role, I have overseen coordinating all residency and postgraduate training activities in the department. I was also appointed the Training Coordinator for the WACP Faculty of Psychiatry (Ghana Chapter) to perform the same role for all psychiatry residents under the West Africa college training programme.

Specialist-in-Charge, Child and Adolescent Mental Health Clinic, KATH (Aug 2017 – Oct 2019; Oct 2023 - present) I run the first ever multi-disciplinary CAMH clinic in Ghana which serves 11 out of the 16 administrative provinces of Ghana, and provides services including occupational therapy, Art therapy, a joint Paediatric Neurology/Child Psychiatry clinic once a month among others.

Chief Resident Department of Psychiatry KATH (Dec 2013 – Jan 2016): In this role, I supervised all research activities of residents in the department and provided technical support for projects, as well as coordinating academic affairs, organising lectures and journal club presentations.

CONFERENCE SYMPOSIA, ORAL AND POSTER PRESENTATIONS

Kwabena Kusi-Mensah, Nereus M. Gyasi, Fabijian Jelovcic, Dana Gerberi, Jorge Sanchez Ruiz, Monica Taylor-Desir, Joanna M. Biernacka, Brandon J. Coombes, Alfredo Cuellar Barboza, Manuel Gardea Resendez, Mark A. Frye, Marin Veldic (2026) “Mapping the Genetic Architecture and Polygenic Predictability of Mood Disorders among African-ancestry populations: A Scoping Review” Poster presented at the Molecular Psychiatry Association (MPA) Spring Meeting held at Royal Sonesta Resort, Kaua’i, Hawaii from 29th March – 1st April 2026.

SYMPOSIUM: Kusi-Mensah K., Bella-Awusah, T. (2022). *“AACAMH symposium Epidemiology, Service Delivery And Detection Of Child And Adolescent Cognitive And Mental Health Problems Across Four Regions In Africa”*. Symposium organised by the AACAMH to showcase various research projects at the 24TH International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) World Congress, held at Dubai World Trade Convention Centre, Dubai, UAE (Dec 2022). I served as convener of this Symposium.

Kusi-Mensah K., Omigbodun O., Adedokun B., Adeniyi Y., (2017). *“Socio-demographic and Ecological Correlates of Performance on Intelligence Tests among Children and Adolescents in Ghana”*. Award-winning Poster Presentation at the 2017 Biological Psychiatry Congress of the South African Society of Psychiatrists, held at the Lord Charles Hotel Somerset West, Cape Town South Africa from 14 – 17 September 2017.

Kusi-Mensah K., Wemakor S., Danku C., Owusu-Antwi R., Donnir G., & Omigbodun O., (2016, September). *Prevalence and Pattern of Mental Disorders in Primary School Children and Correlates with Academic Achievement in Kumasi, Ghana*. Oral presentation made at the 22nd International Association for Child and Adolescent Psychiatry and Allied Professions World Congress, held at Calgary TELUS Convention Centre, Calgary, Canada (Sept 2016).

INVITED ADDRESSES

Kusi-Mensah K., (2023) *“In pursuit of “Home Sense”: a preliminary Content Validation of the BRIEF Scale and a Phenomenological Approach to Investigating the Conceptualization of Executive (Dys)function in two West African Populations”* address given at the Psychiatry Grand Rounds of the **Boston Children’s Hospital, Havard Medical School for The 15th Annual Belfer International Child Mental Health Lecture**, which held on 12th April 2023 online. It’s an annual invitation-only lecture held in honour of former IACAPAP President Myron Belfer, the distinguished professor of Psychiatry, Havard Medical School, a child and adolescent psychiatrist and a Senior Associate in Psychiatry at Boston Children’s Hospital who co-directs the Global Child Mental Health Observership Program at Boston Children's Hospital and its Partnerships for Global Child Mental Health.

Kusi-Mensah K., (2019) *“Child and Adolescent Mental Health in Africa: challenges and the way forward?”* address given at the West Africa International Health bringing together participants from over 40 countries across Africa and the rest of the world, which held on 20- 22nd February 2019 at the Accra International Conference Centre

Kusi-Mensah K., (2018) *“Mental health in young people: how do I know my child has a mental health problem?”* address given at the World Mental Health Day National Celebration under the auspices of the Mental Health Authority of Ghana on 10th October 2018 at the Osu Presbyterian Hall, Accra

Kusi-Mensah K., Omigbodun O., (2017) *“The Changing Landscape of Child and Adolescent Mental Health in sub-Saharan Africa”* address given at the Ibadan College of Medicine Alumni Association (ICOMAA) Ibadan Medical Specialist Group Annual Symposium on 8th November 2017 at the College of Medicine Ibadan Nigeria

VOLUNTEERING, SOCIETIES AND GROUPS

President, Psychiatric Association of Ghana (PAG) 2025 - 2027: I have recently been elected the 4th President of the Psychiatric Association of Ghana, taking office in Nov 2025. The PAG is a professional organisation of Ghanaian Psychiatrists, and a member of the World Psychiatric

Association (WPA). I have also been a past Vice President of the Psychiatric Association of Ghana from 2021 – 2023.

President and former General Secretary, African Association of Child, and Adolescent Mental Health (AACAMH), and affiliate of IACAPAP (October 2018 – present): I was the immediate past the General secretary to this association of child psychiatrists and allied professionals working across 19 African countries, which is an affiliate of the world body, the International Association of Child Psychiatrists and Allied Professionals (IACAPAP). Its mandate is to provide effective leadership for the promotion of Child and Adolescent Mental Health on the African continent. I have **served as President** of this association at the since the IACAPAP Dubai 2022 conference in December 2022.

Patron, Founder and Chairman, Heal the Children Foundation, 2010 – 2011: this charity foundation to raise money for sick children whose families cannot afford care that I founded with a few of my colleagues while I was still in Medical School. Our focus was raising money to help pay for the treatment of sick children whose families cannot afford it and who do not have insurance. It is still thriving in KATH run by successive generations of medical students 15 years after its founding, at present with funds in excess of GhC12000 (USD\$4000) raised for the sick children. I am currently a patron of this foundation.

Patron, Nereus Support Network, 2025 – Present: The Nereus Support Network is a youth-led NGO dedicated to supporting youth with mental health issues through advocacy, public education, and donations. In its short year of inception it has reached 15000 young people in Ghana through outreaches to secondary (high) schools, in-person and online seminars and other activities.

MEDIA AND PUBLIC ENGAGEMENT

My graduation story: in May 2025 I was featured by my College in Cambridge, Darwin College, on my graduation story and how my PhD work had impacted my personal life. This was featured here: <https://www.darwin.cam.ac.uk/news/graduation-story-kwabena-kusi-mensah/>

This Cambridge Life Interview: in 2022 I was interviewed by a University of Cambridge Blog which shines a spotlight on Cambridge researchers, students and fellows and tells the world about them and their research. My work on culturally appropriate assessment of cognitive functions was featured here: <https://www.cam.ac.uk/this-cambridge-life/creating-culturally-appropriate-cognitive-assessments-for-children-and-adolescents-in-west-africa>

Featured Interview in the Department of Psychiatry, University of Cambridge Blog: In 2021 I was featured in the department's vlog upon winning the Lasker Essay Prize, with an in-depth interview on the prize and my career aspirations here: <https://www.psychiatry.cam.ac.uk/blog/2020/08/30/congratulations-to-kwabena-kusi-mensah-on-winning-the-2020-lasker-essay-contest/>

WORKSHOP FACILITATION AND ADVOCACY

Ulzen, T M; **Kusi-Mensah, K.** (Feb 2018) CO-FACILITATOR for *Update Course in Child and Adolescent Mental Health* held over a two-day period at the Ghana College of Physicians and Surgeons, for residents in Psychiatry, Paediatricians and Family Physicians from across Ghana

Kusi-Mensah K., (Nov 2017) PRINCIPAL FACILITATOR for *Training Workshop on mbGAP Module for Child and Adolescent Mental Health Disorder* for Primary Care Mental Health Workers in Ashanti Region

Kusi-Mensah K., (2015, January). *Mental Health Capacity Building Workshop on ICD-10 Classification of Mental and Behavioural Disorders*. Served as PRINCIPAL FACILITATOR of workshop organized by Upper East Regional Health Directorate (Health Directorate of one of the Administrative Provinces of Ghana) for **53 Primary Health Workers** in Mental Health Units across the 10 districts of the Region to improve their recognition, diagnosis and management of common mental disorders using ICD-10 criteria, from 28th- 30th January 2015 at Bolgatanga (the regional capital).

RESIDENCY TRAINING ROTATIONS

General Adult Psychiatry: Komfo Anokye Teaching Hospital (KATH), Kumasi Ghana- August 2014 – Jan 2015

Consultation-Liaison Psychiatry: Komfo Anokye Teaching Hospital, Kumasi Ghana- Feb 2015 – July 2015

Substance Use/Addiction Psychiatry: Komfo Anokye Teaching Hosp. Kumasi Ghana- Aug – Oct 2015

Psychotherapy: Komfo Anokye Teaching Hospital, Kumasi- Nov 2015 – Dec 2015

Child and Adolescent Psychiatry: University College Hospital, Ibadan, Nigeria- Jan 2016 – Jun 2016

Learning Disability: University College Hospital, Ibadan, Nigeria- July 2016

Neurology: University College Hospital, Ibadan, Nigeria- Aug 2016 – Nov 2016

Old Age Psychiatry: University College Hospital, Ibadan, Nigeria- Dec 2016

Forensic Psychiatry- Accra Psychiatric Hospital, Accra Ghana- Jan 2017 – Feb 2017

Community and Rehabilitation Psychiatry: Accra Psychiatric Hospital, Accra Ghana- March 2017

OTHER WORK EXPERIENCE

MEDICAL OFFICER

Komfo Anokye Teaching Hospital, Department of Psychiatry (tertiary level facility), December 2013- July 2014.

HOUSEMANSHIP

Agogo Presbyterian Hospital, (primary care facility) Asante Akyem Agogo, Ashanti Region (Sept. 2012-Sept. 2013) as a Senior House Officer

Tamale Teaching Hospital, Tamale, Ghana (Sept. 2011-Aug. 2012) as a House Officer

REFERENCES

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