



MAVIS OSEI PHD

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PROFILE

- I am an artist, an art educator and an art therapist as well as a dedicated university lecturer with outstanding classroom management skills and the ability to tailor lessons to suit different learners and enhance their academic and emotional development. I have over a decade of experience in teaching and mentoring postgraduate and undergraduate students in areas such as Aesthetics, Educational Psychology and Art Therapy and I have assumed numerous management positions including being Exams Officer and Head of department.
- I have had the experience in the creation and successful running of two art therapy programmes for about 30 mental health clients' for over nine months.
- Competencies and character qualities acquired through the experiences with students in the educational set-up and with clients in the clinical setting have enhanced my use of emotional intelligence to boost communication, manage resources, and manage relationships among my students and colleagues.

EDUCATIONAL BACKGROUND

- 2005-2008 **Doctor of Philosophy Art Education**
Area of Specialization –Educational Psychology and Art Therapy
Department of Educational Innovations in Science and Technology, KNUST
- 2015-2017 **MA Arts**
Area of Specialization – Clinical Art Therapy
Long Island University (CW Post), Brookville, New York, USA
- 2016 **Diploma in Mental Health Studies**
Area of Specialization –Health Management, Understanding Mental Health
Army Medical Department (AMEDD) Center and School, Houston, Texas
(Alison)
- 1999-2003 **Bachelor of Arts (Art)**
Area of Specialization – Painting
Department of Painting and Sculpture, Kwame Nkrumah University of Science
and Technology, Ghana
- 1997-1998 **GCE Ordinary Level Certificate**
Area of Specialization – Art
Osei-Kyeretwie Secondary School, Ghana
- 1995-1997 **Senior School Certificate Examination**
Area of Specialization – Textiles, Graphic Design, General Knowledge in Art
YaaAsantewaa Girls' Secondary School, Ghana

EXPERIENCE

University Teaching Experience

Senior Lecturer,

Aug 2014- present

Kwame Nkrumah University of Science and Technology (KNUST), Ghana

- Teach **Principles and Practices in Art therapy, Child and Adolescent Art Therapy, Educational Psychology, Psychology of Human Development and Learning** and **Research Methodology** courses to first year postgraduate students and Introductory Art Therapy to second year undergraduate students.
- The knowledge in Thesis Writing Skills and teaching Research Methodology course afforded the opportunity to supervise over 50 MA, MSc, MPhil and PhD theses between 2010 and 2020.
- Prepared students for presentations for seminars and oral examinations

Lecturer,

Oct 2009 – July 2014

Kwame Nkrumah University of Science and Technology (KNUST), Ghana

- Taught History of Art and African Art courses to second year undergraduate students.
- Reintroduced Art therapy and taught Introduction to Art therapy and Practicum in Art Therapy classes to second year undergraduate students and first year postgraduate students.
- Redesigned and taught introductory course in Art Education at the undergraduate level.
- Taught Guidance and Counseling, Research Methodology, Thesis writing skills, Educational Psychology and Aesthetics, Criticism & Appreciation to first and second year Postgraduate students.
- Integrated my knowledge of art therapy into my teaching to enhance students' learning experience.

Teaching Assistant,

Sept. 2008 – Aug 2009

Kwame Nkrumah University of Science and Technology (KNUST), Ghana

- As a part of the training, three seasoned lecturers were observed while they gave lectures, interacted with students and generally managed the classroom environment. Graded assignments from these lectures.
- Taught History of Art to first year College of Art undergraduate students.
- Taught Aesthetics and Criticism to first year postgraduate students.
- Graded coursework in Research Methods, Curriculum Studies and Guidance and Counseling.

Professionally Related Experiences

Facilitator, Emotional Intelligence Seminars

Jan - February 2020

University Hospital, KNUST

- The need for some seminars on Emotional Intelligence for health workers was identified since stress abounds everywhere including the hospital environment, which is supposed to offer healing and comfort for health workers and patients alike but turns to be a place that brings stress with its attendant issues to both parties.
- The main hypothesis for the seminars was that learning about Emotional Intelligence can enhance workplace success since people with HIGH EQ are able to understand, empathize and connect with people around them thus Participants were taken through o how they can recognize and understand their own emotions; o how their self-awareness affect the way they manage their emotions; o how their self-awareness can enable them to identify with and understand the emotions, needs, and concerns of their co-workers and patients; and how their ability to understand their co-workers and patients influence how they manage relationships with them.

Art Therapy Intern

Sept.2016 - April 2017

Association of Mental Health and Wellness, New York

- Developed two standing art therapy groups that met weekly for art therapy sessions as strategies for implementation to increase client satisfaction with art therapy services provided at the center.
- Doubled up as acting supervisor and provided art therapy services and sessions for over 30 clients with a range of psychological disorders during my supervisor's two week long absence.
- Earned the trust of clients and provided a safe environment that allowed them to willingly open up to share their problems.
- Assessed some difficult clients' needs through interviews and observations, designed and conducted individual art therapy sessions for several of these clients and received consistent commendations for performance.
- Readily substituted for absent instructors in other related therapeutic interventions for clients and taught their classes with minimal directions.

Art Therapy Volunteer,

January 2016

Archcare Senior Life, PACE, Harlem, New York

- Assisted seniors (clients between 65 and 90 years) in the therapeutic use of games such as playing cards, solving puzzles and legos. They also created art pieces to enhance their moods.
- Provided companionship for the seniors as a form of psychotherapy.
- Assessed client satisfaction of the therapeutic process through participant observation and client interviews.

Author, MSc/MPhil Art Therapy programme

January, 2015

Department of General Art Studies (Art Education), KNUST, Ghana

- A need for enhancing the capacity of competent personnel to be trained in the use of the creative arts as a way to help reduce the stress associated with the different groupings of the populace was identified.
- To help cater for this need, a one calendar year and two academic years MSc and MPhil Art Therapy programme respectively Were developed, the first of its kind in the subregion. It is currently being run in the Department of Educational Innovations in Science and Technology, KNUST since September, 2019.

Consultant of Psychology O.A.A Consulting Ltd Feb. 2010 – July 2015

- Assessed psychology students in terms of thesis and technical report writing.
- Facilitated thesis workshops for the students.

**Art Club Facilitator Jan 2006 – June2007;
Ridge School, Ghana Oct 2009 – Aug2015**

- Made a need assessment for children aged 3 to 12 years within the art club.
- Designed art activities in response to the children’s different needs within that age group.
- Facilitated those art activities for the children and ultimately enhanced the children’s sociability and learning with the activities judging from their enthusiastic responses in subsequent art sessions.

SERVICE

University Service

Head of Department, Department of Educational Innovations, KNUST, Ghana	Aug 2018 – July 31, 2020
Member, Environmental Committee, Faculty of Art	May, 2018
Acting Head of Department, Educational Innovations	April/May 2018
Member, Department of Educational Innovations Seminar Presentations Panel, KNUST, Ghana	August 2017
Resource Person, PBL /EL Trainer of Trainers	April, 2015
Author, MSc/MPhil Creative Art Therapy programme	January, 2015
Sectional Coordinator, Art Education Section of the Department of General Art Studies, KNUST	2014 – 2015
Member, Faculty of Art Research and Publications Comm. KNUST,	October 2014

Coordinator , Mounting of Staff Publications in Faculty of Art Library	October, 2014
Departmental Representative for Student Internship	September 2013
Reviewer , Journal of University of Science and Technology, (JUST)	4th Feb – Mar. 2013
Member /Secretary , Committee to look into restructuring of MA, MPhil and PhD programmes at the Dept. of General Art Studies, KNUST,	April 2011
Examinations officer , Department of General Art Studies, KNUST,	April 2011– Jan, 2012
Member , Oral examination and consulting team, Department of General Art Studies, KNUST, Kumasi	2010-2015
Member , Committee to assess affiliation documents of Kintampo Rural Health School	February, 2010
Academic tutor	2009 – 2013
Re-introduction of undergraduate Service course (Art Therapy) , KNUST, Kumasi, Ghana	12th Nov, 2009

National /International Service

Resource Person , Emotional First Aid whilst working with children amidst a pandemic”	26 th Nov, 2020
Resource Person , Wistem Takoradi Technical University Capacity Building workshop	8 th Oct, 2020
Subject Lead , Workshop for Facilitators of College of Education affiliated to KNUST	25 th Sept, 2020
Faculty representative for short course development , FES	2 nd Sept, 2020
Member , Quality Assurance Sub-committee	20 th August, 2020
Facilitator , Emotional Intelligence and workplace success at KNUST Hospital	Jan - Feb 2019
Head of Department , Educational Innovations in Science and Technology	Aug 2018 - 2020
Member , Local Organizing Committee, ACU NEXTGEN 2020 Workshop	December, 2019
Art Therapy Volunteer , Archcare Senior Life, PACE, Harlem, New York	January 2016
Psychology Tutor , Higher Education Opportunity Programme (HEOP), Long Island University, Brookville, New York	Sept, 2015

Manuscript Reviewer , Applied Research Conference, Koforidua, Ghana	August, 2015
Article Reviewer , Research Papers for presentation at the 7 th Annual International Applied Research Conference, Koforidua, Ghana	May, 2014
Reviewer , Journal and Conference Papers, School of Applied Arts, Takoradi Polytechnic, Ghana	20 th Nov, 2012
Reviewer , 5th Annual International Applied Research Conference, Koforidua	23 rd Mar– 13 th April, 2012
Consultant of Psychology O.A.A Consulting Ltd	Feb. 2010 -July 2015
Resource Person /Art Club Facilitator , Ridge School	Jan 2006 – June2007; Oct 2009 to 2013
Member Editor , the Journal, Global Advanced Research and Review (GARJERR)	14th May, 2012
Journal Reviewer , Educational Research	Aug, 2011 to date
Head , Educational Department/Chair, Home and School Association, Beulah Seventh Day Adventist Church	2010-2011

SOME CONFERENCE PROCEEDINGS AND RESEARCH PUBLICATIONS AND BOOK CHAPTER

Book Chapter

Osei, M. (2019). Hovering between Art Education and “art therapy”: The ethical perspective of a Ghanaian Art Educator. In A. Di Maria (Ed.). , *Exploring ethical dilemma in art Therapy: 50 clinicians from 20 countries share their stories* (pp 204-209)

Seminar Presentations/Workshops

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|---|----------------------|
| 1. Emotional first aid whilst working with children in a pandemic | Nov, 2020 |
| 2. Emotional intelligence and workplace success among KNUST Hospital staff | Jan- Feb 2019 |
| 3. Emotional intelligence: Its impact on relationships | Dec, 2018 |
| 4. The therapeutic use of art to enhance learning | Nov, 2018 |
| 5. Art therapy and the rehabilitation process of children with developmental disabilities | March, 2012 |
| 6. The Influence of Temperament on the Artwork of Children | April 2008 |
| 7. Child Art: A Creative Expressive Communication | March, 2006 |
| 8. Perceptual Development in Art | Dec 2005 |

Conference papers

- 1. The journey of the Lone Art Therapist: Issues of self-identity** July 2019
International Art Therapy Practice and Research Conference, UK
- 2. Art and the developmental disabilities in children** July 2015
(Research roundtable, 46th AATA conference, Minneapolis, US)
- 3. Relieving Stress: The Art Factor** Nov 2013
(Paper accepted for poster presentation, ICERI2013 Spain)
- 4. Self-concept as reflected in adults' self-figure drawings:
Cues for effective teaching and Learning** Nov, 2012
(Proceedings of International Conference on Education, Research and Innovation,
(ICERI) ISBN: 978-84616-0763-1, Nov. 2012)
- 5. The therapeutic importance of art to the rehabilitation process of
children with developmental disabilities** Aug 2011
(2nd National Disability Conference, KNUST)
- 6. Temperament and Children's Drawings: Cues for Education** 2010
(Pan-African Book Company, Proceedings of International Conference on
Research and Development)

Articles

- 1. The journey of the "Lone" Art Therapist: Issues of evolving self-identities** (Art
Therapy: Journal of the American Art Therapy Association)
- 2. The prevalence and correlates of Burnout in nursing and midwifery students in
Ghana** (African Journal of Midwifery and Women's Health)
- 3. From Ghanaian modernist painting genre to contemporary functionality: A
spotlight on Samuel Prophask Asamoah** (Journal of Urban Culture Research, Vol 21,
2020)
- 4. Beyond words: Art therapy for self expression with female inmates**
(Nairobi Journal of Humanities, Vol 4. No. 3; ISSN: 2520-4009 (Print),
ISSN: 2523-0948 (Online))
- 5. Akwantukese festival of the New Juaben people: The artforms and their
aesthetics** (Arts and Design Studies, Vol. 80, pp30-40; ISSN 2224-6061 (Paper),
ISSN 225-059X (Online))
- 6. COVID-19 Lockdown: A Review of an Alternative to the Traditional Approach
to Research**
(Research Journal in Advanced Social Sciences,
1, 1-9) <http://royalliteglobal.com/rjass/article/view/107>
- 7. Review Article: Academic Stress among Faculty and Students in Higher
Institutions** (Pertanika Journal of Social Sciences and Humanities, Vol. 28 Number 2
(2020) pp1055-1064)
- 8. English Language Education and children with intellectual disabilities.**
(International Journal of Development and Sustainability, ISSN: 2186-8662,
Volume 7 Number 11 pp 2704-2715)
- 9. Art Therapy and Trauma: The case of human trafficked victims**

(*The International Journal of Humanities and Social Studies*, Vol 5, Issue 11 pp100-106)

- 10. Recidivism at the Kumasi Central Prison: A look into Guidance and Counselling Services** (*Journal of Education and Practice*; Vol.6, No.9, 2015 ISSN 2222-1735 (Paper) ISSN 2222-288X (Online), www.iiste.org)
- 11. Child Art as Design Elements for Fabric Decoration** (*International Journal of Textiles and Fashion Technology (IJTFT)*ISSN(P): 2250-2378; ISSN(E): 2319-4510Vol. 5, Issue 1, Feb 2015, 33-48© TJPRCPvt. Ltd)
- 12. Illustration of Self Concept through drawings: The perspective of the Child in an orphanage.** (*International Journal of Innovative Research and Studies (IJIRS)*, Vol. 2, Issue 7, July, 2013)762-779)
- 13. Emotional Personality of Children as Expressed in Their Drawings: Pointers for Education** (*International Journal of Development and Sustainability*, Vol. No. 2 (2013))
- 14. The use of indigenous arts in the therapeutic practices of traditional priests and priestesses of Asante, Ghana.** (*International Journal of Innovative Research and Development*, ISSN 2278-0211)
- 15. Children's Mathematics Performance and Drawing Activities: A Constructive Correlation** (*Journal of Education and Practice*, ISSN (Paper)2222-1735 ISSN (Online)2222-288X, September edition)
- 16. Evaluation of art therapy practices in psychiatric institutions in Ghana** (*Journal of Art Design and Technology*, Vol 4 Number 4, 65-83, 2013)
- 17. Cultural Influence and creativity of Ghanaian children: Implications for the socio-economic set-up.** (*International Journal of Innovative Research and Development, IJIRD*, Vol. 1 Issue 6, (September, 2012) pp. 460-480)
- 18. Diorama Art: A viable medium for Museum education** (*Journal of Science and Technology*, Vol. 30 No. 2 Aug, 2010, pp. 76-84)
- 19. Enhancing Children's Learning: The Art Perspective** (*International Journal of Education through Art* 5:2+3 pp 143 – 155).

AWARDS/CITATION

 Citation from Yaa Asantewaa Girls' Senior High School	2018
 US Fulbright Students Program, New York, USA.	2015-2017
 Academy 2010 Silver Award, Ghana Academy of Arts and Sciences for my 2008 PhD dissertation titled: "The influence of Temperament on the Artwork of Children.	2012
 Vice Chancellor's Award, Staff Development Programme, PhD Scholarship 2008 KNUST, Ghana.	2005 -2008
 Otumfuo Ashanti Scholarship	2000

- ✚ Best Textiles Student, Yaa Asantewaa Girls' Secondary School, 1997
- ✚ First Prize: Planned Parenthood Association of Ghana (PPAG) Essay Competition on Drug Abuse, 1996

WORKSHOPS/TRAININGS/SEMINARS ATTENDED

- Date: October 2020 till date
- Title: Flexible learning: Responding and reimaging education in Ghana
- Details: Texas International Education Consortium and KNUST collaborative online training programme which targets training participants and equipping these participants to be trainer of trainers in their respective faculties

- Date: 30th- 31st November, 2020
- Title: Understanding Learning Difficulties
- Details: 4 hour online training on issues on dyslexic wired brains including a Multi Sensory Approach in Teaching Kids with Dyslexia and How Educators can Implement Tools and Methods in the Classroom

- Date: 20th -29th April, 2020
- Title: Online Education
- Details: Twenty five hours of training on how to deploy Emergency Remote Teaching using web tools that would enhance delivery and learning.

- Date: 22nd – 24th October, 2019
- Title: Administrative and Leadership Workshop
- Venue: IDL Conference Centre, KNUST
- Details: A two-day workshop on Administrative and Leadership Workshop for all Provosts, Deans and Heads of Department designed to create an excellent opportunity for learning and sharing of ideas on the issue of balancing the roles of teaching, leadership and administrative responsibilities.

- Date: 10th September, 2019
- Title: Workshop for Heads of Departments and Exams Officers
- Venue: School of Graduate Studies, KNUST
- Details: A day's workshop on pertinent issues regarding processing of postgraduate students in the university organized by the School of Graduate Studies, KNUST

- Date: 11th February, 2019
- Title: Elsevier Author Workshop
- Venue: IDL Conference Centre, KNUST
- Details: A day's workshop on "Academic Publishing" for academic staff and other researchers organized by the Prempeh II Library in conjunction with Elsevier.

Date: 21st – 22nd May, 2018
Title: Innovation/Entrepreneurship Training Workshop for Lecturers
Venue: IDL Conference Centre, KNUST
Details: A two day intensive training workshop on innovation and entrepreneurship organized by the Building Stronger Universities in Developing Countries (BSU III WP2 Lead) for KNUST lecturers

Date: 16th -18th October, 2017
Title: Quantitative Research
Venue: Department of Educational Innovations in Science and Technology
Details: A three day training workshop organized by the Department of Educational Innovations to enhance its Lecturers' knowledge in Quantitative Research; Trainer: Dr. Eric Arthur, Department of Economics, CASS, KNUST.

Date: 10th April, 2017
Title: Art Therapy: Finding Attunement with the Avoidant Client
Venue: Association of Mental Health and Wellness, 939 Johnson Avenue, Ronkonkoma NY, Ronkonkoma, New York.
Details: Three-hour workshop organized by the Association of Mental Health and Wellness, Ronkonkoma, New York; Speaker: Jeanne Freed, ATR-BC, LCAT

Date: 12th May, 2017
Title: Coursework/Training in Identification and Reporting of Child Abuse and Maltreatment
Venue: School of Continuing and Professional Education, Long Island University, New York

Details: Two-hour mandated workshop required for certification of professionals who work in the schools in New York State with course content including identification of child and adolescent abuse, reporting procedures for child abuse and maltreatment, and resources for referral and treatment by The University of the State of New York, The State Education Department, New York

Date: 19th September, 2016
Title: Association of Mental Health and Wellness, 939 Johnson Avenue, Ronkonkoma NY, Ronkonkoma, New York.
Venue: Association of Mental Health and Wellness, 2040 Ocean Avenue Training Room Ronkonkoma, NY 11779
Details: An all-day workshop for mental health workers on tools for the trade such as mental health first aid, an insight into the Health Insurance Portability and Accountability Act of 1996 (HIPAA) to be able to deal with clients organized by the Association of Mental Health and Wellness, Ronkonkoma, New York

Date: 22nd January, 2016
Title: Stewardship for a Sustainable World: Education in the SDGs
Venue: United Nations Headquarters, New York, NY

Details 17th Annual conference; An all-day conference for educators, UN Delegates, NGO representatives on how the Sustainable Development Goals affect Americans and the rest of the world; teaching about the SDGs organized by the Committee on Teaching about the United Nations (CTAUN), New York

Date: 5th May, 2015
Title: Workshop For E-Learning/PBL Resource Persons,
Venue: KNUST Main Library
Details: Workshop organized as part of the Building Stronger University project (BSU), KNUST, Kumasi

Date 25th -26th March, 2015
Title KNUST, PBL/ELearning workshop
Venue: KNUST
Details: Workshop for Trainer of trainers organized as part of the BSU project

Date 5th February, 2015
Title Psycho-educational seminar
Venue Great Hall, KNUST
Details Seminar organized by the Counselling and Psychological Services Unit, KNUST Dean of Students, Kumasi

Date: 1st – 5th October, 2012
Title: BSU PhD Trainer of Trainers (ToT) workshop
Venue: Miklin Hotel, Kumasi
Details: Five day workshop organized by the Building Stronger Universities to train trainers i.e, KNUST lecturers on the proper management of PhD students to be able to train other lecturers in their respective faculties and colleges.

Date: 23rd – 25th May, 2012
Title: Writing Distance Learning Course Materials
Venue: Department of General Art Studies, KNUST.
Details: Workshop organized by Institute of Distance Learning on how to write course materials

Date: 21st – 24th August, 2012
Title: Raising the standards for 21st century University Education
Venue: Great Hall Conference Room, KNUST.
Details: A four day workshop organized by The Quality Assurance and Planning Unit (QAPU) KNUST, Summer School.

Date: 30th March - 6th April, 2011
Title: Basics of Counselling; Handling victims of sexual abuse and ethical issues
Venue: Great Hall Conference Room, KNUST.
Details: One week Mentorship Training Workshop organized by The Counselling Unit,

Office of the Dean of Students, KNUST, Kumasi

Date: 26th – 27th April, 2011
Title: Postgraduate Supervision and Publication
Venue: KNUST
Details: A two day workshop organized by The Quality Assurance and Planning Unit (QAPU) KNUST, Summer School, Speaker: Professor Cronje

Date: 15th March, 2011
Title: Seminar on How to write papers in Art and Technology
Venue: Department of Educational Innovations in Science and Technology, Kumasi
Details: A 3 hour workshop organized by the then College of Art, KNUST.

Date: 6th – 10th Dec, 2010
Title: INASP Workshop on AuthorAID Writing Skills, Proposal Writing and Scholarly Journal Publishing
Venue: University of Development Studies Guest House, Accra
Details: A five day training workshop organized by INASP

Date: 18th–19th Oct., 2010
Title: Integrating into the Vision of KNUST
Venue: Great Hall, KNUST, Kumasi
Details: Orientation Workshop for New Staff organized by the Quality Assurance and Planning Unit (QAPU), KNUST, Kumasi

MEMBERSHIPS

Member, American Psychological Association	2020 to date
Member, University Teachers Association of Ghana	2009 to date
Member, Ghana Young Academy	2014 to date
Member, American Art Therapy Association	2008 – 2017
Member, International Research and Development Institute	June, 2011
Member, International Society of Education through Art	2006 – 2010