### TURKSON BERNRD KOFI

### **CONTACT INFORMATION**

Department of Herbal Medicine, Faculty of Pharmacy and Pharmaceutical Sciences, Kwame Nkrumah University of Science and Technology, Ghana

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### PERSONAL DATA

NATIONALITY: GHANAIAN

MARITAL STATUS: MARRIED

### **EDUCATION**

2017-2020 PhD Pharmacognosy

Kwame Nkrumah University of Science and Technology, Kumasi.

Ghana.

2013-2015 Mphil Pharmacognosy

Kwame Nkrumah University of Science and Technology, Kumasi.

Ghana.

2002-2006 BSc. Herbal Medicine

Kwame Nkrumah University of Science and Technology, Kumasi.

Ghana

1994-1998 Certificate Pharmacy Technician

Kumasi Technical University

### **SHORT COURSES**

- 1. Training on GMP and GACP. Hanoi University of Pharmacy, Hanoi, Vietnam, 2018.
- January 3<sup>rd</sup>-24<sup>th</sup> 2016. Advanced Training Program on Acupuncture and Moxibustion for African Medical Practitioners. Tianjin University of Traditional Chinese Medicine, Tianjin, China.
- 3. July, 2015. Certificate in Good Clinical Practice. Global Health Training Centre.
- 4. July, 2015. Certificate in Introduction to Clinical Research. Global Health Training Centre.
- 5. 1<sup>st</sup>-15<sup>th</sup> November, 2010. Advanced Training Program of Research and Development of Medicinal Plants for African countries by Tianjin University of Traditional Chinese Medicine. University of Nairobi, Kenya
- 6. 2011. Certificate in Ethics in Research. Family Health International
- 7. 20<sup>th</sup> -23<sup>rd</sup> June, 2012. Advocacy Training Program by Business Sector Advocacy Challenge Fund (BUSAC), Kumasi, Ghana.
- 8. 2000-2001. Certificate in Management of Drug Supplies. Commonwealth Pharmaceutical Association.

### WORK EXPERIENCE/APPOINTMENTS

2020 to date	Lecturer
	Department of Herbal Medicine
	Faculty Of Pharmacy and Pharmaceutical Sciences
	Kwame Nkrumah University of Science and Technology, Kumasi. Ghana.
2019-2020	Part-time Assistant Lecturer
	Department of Herbal Medicine
	Faculty Of Pharmacy and Pharmaceutical Sciences

Kwame Nkrumah University of Science and Technology, Kumasi. Ghana.

2012-2019 Medical Herbalist

Tafo Government Hospital, Kumasi

Ghana Health Service

2012-2016 Lecturer

College of Integrated Health, Obuasi

1999 -2002 Pharmacy Technician

**Axim Government Hospital** 

Ghana Health Service.

## OTHER EXPERIENCE/ACTIVITIES

2012-2016 Head of Herbal Medicine Department

College of Integrated Health, Obuasi

2012 -2019 Head of Herbal Medicine Unit

Tafo Government Hospital, Kumasi

Ghana Health Service.

2010 -2016 President

Ghana Association of Medical Herbalists

(GAMH)

2008-2013 Medical Herbalist in-Charge

Adom Herbal Clinic and Products.

2008 Internship

Tetteh Quarshie Memorial Hospital

Mampong, Akwapim

2008 Internship

Centre for Plant Medicine Research (CPMR)

Mampong, Akwapim

2005-2006 President

Ghana Herbal Medical Students' Association

(GHEMSA)

2006-2007 National Service Person

Traditional and Alternative Medicine

Directorate (TAMD) MoH.

## HONOURS, AWARDS SCHOLARSHIPS AND FELLOWSHIPS

- 1. GETFUND Scholarship, Ghana. 2020
- 2. German Government Scholarship (GIZ) for training in GACP and GMP in Traditional Vietnamese Medicines (1month) spent in Hanoi University of Pharmacy, Vietnam. 2018
- 3. Chinese Government Scholarship for training in Traditional Chinese Medicines (1month) spent in Tianjin University of Traditional Chinese Medicines, China. 2016
- 4. Chinese Government Scholarship for training in Traditional Chinese Medicines (1month) spent in University of Nairobi, School of Pharmacy, Kenya. 2010

### RESEARCH INTEREST

Clinical trial studies, quality, safety and efficacy testing of herbal products

Quality control and standardization of herbal products

Plant products with anti-infective and antisickling activities

Ethnopharmacology

#### **Herbal Medicine Practice**

**Development of Herbal Medicines** 

Training and Practices in Herbal Medical Practice

# AREA OF SPECIALTY

Clinical studies of natural products

Development of herbal monographs

Quality control and standardization of herbal Products

Phytochemistry (Isolation and Characterization of Natural Products)

Natural product Profiling

# PROFESSIONAL ACTIVITIES (SERVICE)

I ROPESSIONAL	ACTIVITIES (SERVICE)
2021	Chairman
	Department of Herbal Medicine, 20 <sup>th</sup>
	Anniversary celebration planning
	committee.
2021	Chairman
	Department of Herbal Medicine,
	Strategic Plan development
	committee
2020 to date	Coordinator
	Department of Herbal Medicine,
	Experiential training
2021	Chairman
	Physic Garden beautification project
2021	Academic Tutor, students in the
	Faculty of Pharmacy and Pharmaceutical Sciences

2021	<b>Supervisor</b> , 5 undergraduate students for their project work
2021	<b>Chairman</b> , Medical Herbalists Preceptor Training Committee
2021	Reviewer
	Journal of Pharmaceutical Research International
2021	Reviewer
	Journal of Advances in Microbiology
2015 to date	Examiner, Traditional Medicine
	Practice Council (TMPC)

### MEMBERSHIP OF PROFESSIONAL ORGANISATIONS

2020	Member, University Teachers Association of
	Ghana (UTAG)
2018 to date	Member, International Society for Development and
	Sustainability (ISDS)

### REFEREED JOURNAL PUBLICATIONS

- 1. Bernard K. Turkson, Merlin L. K. Mensah, George H. Sam, Abraham Y. Mensah, Isaac K. Amponsah, Edmund Ekuadzi, Gustav Komlaga and Emmanuel Achaab (2020). Evaluation of the Microbial Load and Heavy Metal Content of Two Polyherbal Antimalarial Products on the Ghanaian Market. Evidence-Based Complementary and Alternative Medicine. Volume 2020.https://doi.org/10.1155/2020/1014273.
- 2. Bernard K Turkson, Merlin L.K Mensah, Isaac K Amponsah, Abraham Y Mensah, Emmanuel Achaab, 4 Richard Boateng Mensah, 4 Emmanuel Atakorah, Ebenezer Ofori Attah, Felix Zoiku (2020). In vitro and in vivo Activity of Mist Amen Fevermix and Edhec Malacure, Polyherbal Antimalarial Products on Field Isolates of Plasmodium falciparum and Plasmodium berghei. Discovery Phytomedicine 2020, Volume 7, Number 3: 97-102.

- **3.** Benedict Owusu Yankyera, **Bernard K. Turkson** and Merlin K L.K Mensah (2020). Toward understanding the 'Kooko' syndrome in traditional medicine in Ghana. History and Philosophy of Medicine. TMR. doi: 10.12032/HPM20200724016.
- **4. Bernard K Turkson**, Paul O Kofi, Emmanuel Achaab, Yvonne Woyome, Merlin L K Mensah, Kwame Sarpong, Theophilus Fleischer, Isaac K. Amposah, Edmond Ekuadzi, Rita Dickson, Abraham Y-Mensah, Kofi Annan (2015). Clinical Evaluation of the Safety and Effectiveness of Mist Amen Fevermix, a Ghanaian Bi-Herbal Product, Used in the Management of Uncomplicated Malaria. *Journal of Natural Sciences Research*. Vol 5, No 10. Pages 28-33.
- **5.** Millicent Addai Boateng, Anthony Danso-Appiah, **Bernard Kofi Turkson** and Britt Pinkowski Tersbøl (2016). Integrating biomedical and herbal medicine in Ghana experiences from the Kumasi South Hospital: a qualitative study. *B M C Complementary and Alternative Medicine*, Vol. 16, no. 189. p. 1-8.
- **6.** Alfred Ofori Agyemang, **Bernard Kofi Turkson**, Isaac Kingsley Amponsah, Merlin Lincoln Kwao Mensah, Michael Frimpong Baidoo, Emmanuel Orman, Marcel Tunkumgnen Bayor (2021). Utilization of Plants for Medicinal Purposes and Concerns with Endangered Plant Species from Ghana. Trad Integr Med. 6(1):24-40.

### **BOOK CHAPTER**

**Bernard Kofi Turkson**, Alfred Ofori Agyemang, Desmond Nkrumah, Reinhard Isaac Nketia, Michael Frimpong Baidoo and Merlin Lincoln Kwao Mensah (2021). Treatment of malaria infection and drug resistance. IntechOpen. DOI: 10.5772/intechopen.98373

### WORKSHOPS/CONFERENCES/TRAINING PROGRAMMES ATTENDED

Training of Preceptors (Medical Herbalists) for Training of Herbal Medicine Students at the Faculty of Pharmacy and Pharmaceutical Sciences (FPPS), Kumasi, Ghana on 15th July 2021.

## **TECHNICAL SKILLS**

Microsoft office suite and ChemDraw

## REFEREES

## 1. Dr. Emmanuel Achaab

Clinical Care Coordinator,

Tafo Government Hospital

P.O. Box 1908, Kumasi, Ghana

Tel: 0244482858

Email: achaab32@gmail.com

## 2. Prof M.L.K Mensah

Department of Pharmacognosy,

Faculty of Pharmacy and Pharmaceutical Sciences

Kwame Nkrumah University of Science and Technology,

PMB, Kumasi, Ghana

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# 3. Rev George Ampofo

Assemblies of God

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Kumasi

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