

## CURRICULUM VITAE

Name: Abigael Omowumi Emikpe

Contact address: Department of Midwifery, School of Nursing and Midwifery, College of Health Sciences, Kwame Nkrumah University of Science and Technology, PMB UPO, Kumasi-Ghana.

Telephone No: +233 557273118

E-mails: [ennybest20@gmail.com](mailto:ennybest20@gmail.com),  
[benabis2001@gmail.com](mailto:benabis2001@gmail.com),  
[abigael.emikpe@knust.edu.gh](mailto:abigael.emikpe@knust.edu.gh).

Present Post: Lecturer

**ORCID:** <https://orcid.org/0000-0002-4447-3315>

**GOOGLE SCHOLAR:** <https://scholar.google.com/citations?user=GR8hvPYAAAAJ&hl=en>

## PERSONAL STATEMENT

I am a passionate and dedicated Nurse/Midwife with over three decades of professional experience in clinical nursing and midwifery practice, education and research. Currently a university lecturer teaching various nursing and midwifery courses, I also supervise undergraduate research. My research interests lie in maternal, newborn, and adolescent reproductive health, community health as well as nursing and midwifery education.

Institutions attended with dates

Institution	Date	Academic degree earned
West African Postgraduate College of Nurses and Midwives	2021	Fellowship (by examination) in Maternal, Child Health and Reproductive Health
University of Ibadan, Nigeria	2015	Master of Education (Adult) (Community Development)
University of Ibadan, Nigeria	2010	Master of Science in Nursing (Maternal and Child Health)
Lagos University Teaching Hospital, Lagos. Nigeria	2004	Diploma in Community Health
University of Ibadan, Nigeria	1998	B. Sc. Nursing (Education)

School of Midwifery, University College Hospital, Ibadan, Nigeria	1993	Registered Midwifery (RM)
School of Nursing, University College Hospital, Ibadan, Nigeria	1990	Registered Nursing (RN)

#### Positions held

2021 to date – Lecturer, Department of Midwifery, KNUST  
2000 -2021 - Assistant Lecturer, Department of Nursing, KNUST  
2000 - 2019 – Nurse Educator, University College Hospital, Ibadan–Nigeria  
2015 - 2018 – Adjunct Lecturer, Babcock University, Ilishan Remo, Ogun state, Nigeria  
2011- 2014 - Research Supervisor, National Open University of Nigeria  
1999 - 2000 – Staff Nurse/Midwife, Otunba Tunwase Children’s Emergency Ward, UCH-Ibadan  
1993 - 1999 – Staff Nurse/Midwife, Camaria Hospital, Tolulope Maternity Home, Calvary Love Medical Centre, Ibadan -Nigeria

#### Publications

1. **Emikpe, A. O.**, Obeng, H., Bonsu, Z. M., Tsiko, T. A., Owusu, B. O., Dwumfour, C. K., Issifu, J. S. & Dzomeku, V. M. (2025). Predictors of post-partum depression amongst postnatal women in Kumasi, Ghana. *BMC Pregnancy Childbirth* 25, 1179. <https://doi.org/10.1186/s12884-025-08350-0>
2. Moses, M. O., Onuegbu, N. F., Deku, P. D. G., Nyarko, M. A., Owusu, L. B., **Emikpe, A. O.**, ... & Titiloye, N. A. (2025). Joint Angular Kinematics and Gross Motor Function in Typically Developing Healthy Children. *Children*, 12(3), 280. <https://doi.org/10.3390/children12030280>
3. Kesse, G.A., King-Konu, B., Addo, A. N., Akom, E., Brown, E. K. M., & **Emikpe, A. O.**, Moses, M.O., Emikpe, B.O. (2024). Relationship Between Physical Activity and Mental Health Of Undergraduate Health Science University Students. *Sierra Leone Journal of Biomedical Research*, 15(1). <https://doi.org/10.4314.10>
4. **Emikpe, A. O.**, Ademuyiwa, I. Y., Owusu, L. B., Dwumfour, C. K., & Dzomeku, V. M. (2024). Utilisation of World Health Organization’s Postnatal care guidelines amongst health workers in selected local government areas in Ibadan, Nigeria. *Sierra Leone Journal of Biomedical Research*, 15(1). Doi: <https://doi.org/10.4314.7>

5. Owusu, L. B., Zakaria, A. F. S., Fordjour, P., Dzangmah, G. D., **Emikpe, A. O.**, & Dwumfour, C. K. (2023). Morbidity and outcomes of pregnancy among women with sickle cell Disease: A Cross-Sectional study AT Korle-Bu Teaching Hospital, Ghana. *International Journal of Africa Nursing Sciences*, 18, 100546. <https://doi.org/10.1016/j.ijans.2023.100546>
6. Owusu, L. B., Ababio, C., Boahene, S., Zakaria, A. F. S., **Emikpe, A. O.**, Dwumfour, C. K., & Apiribu, F. (2023). The predictors of unsuppressed viremia among PLHIV: a cross-sectional study in Ghana. *BMC Public Health*, 23(1), 1113. <https://doi.org/10.1186/s12889-023-16032-9>
7. Ademuyiwa, I. Y., Oyediran, O. O., Olowe, A. O., **Emikpe, A. O.**, Oshinyemi, T. E., & Oladehinde, T. E. (2022). Knowledge, practice of and factors influencing birth preparedness and complication readiness among pregnant women attending antenatal clinic in a tertiary institution in South-Western Nigeria. *Tropical Journal of Health Sciences*, 29(4), 7-13. DOI:10.4314/tjhc.v29i4.2
8. Mavis Osei, **Abigael Emikpe**, Vincent Dedu, Deborah Addo & Joshua Ofori (2022). Prevalence and correlates of burnout in nursing and midwifery students in Ghana. *African Journal of Midwifery and Women's Health*. <https://doi.org/10.12968/ajmw.2020.0058>
9. Karalolo B.B, **Emikpe Abigael O.**, & Owusu L. B., (2021). Knowledge, Perception and Practice of Preconception care among health workers in Primary healthcare settings in Ibadan, Nigeria. *African Journal of Midwifery and Women's Health*. <https://doi.org/10.12968/ajmw.2020.0016> .
10. Onunwa O.Z., **Emikpe Abigael O.**, Akinyele O.A., Ayannusi, R.O., Olayode, M.O., & Obembe T.A. (2021). Knowledge and correlates of using Partograph for labour monitoring among Primary Healthcare Workers in Ibadan Nigeria. *African Journal of Midwifery and Women's Health*. <https://doi.org/10.12968/ajmw.2020.0015>
11. Owusu Lydia Boampong & **Emikpe Abigael Omowumi** (2021). Women's adherence to iron supplementation during pregnancy in Kumasi, Ghana. *African Journal of Midwifery and Women's Health*. <https://doi.org/10.12968/ajmw.2020.0008>
12. Moses M.O, **Emikpe A.O**, Moses M.K., Emikpe B.O. (2020). Combating COVID-19 Lockdown Inactivity in the African Population: Use of Cultural Practices and One health Approach. *Niger J Physiol Sci*. Jun 30;35(1):4-9. PMID:33084622
13. Akwa, L.G., Moses, M.O., **Emikpe Abigael O.**, Baffour- Awuah, B., Asamoah B., Addai-Mensah, O., Annani- Akollor, M., Osei, F., & Appiah, E.J. (2017). Lipid profile, cardiorespiratory function and quality of life of postmenopausal women improves with aerobic exercise. *Journal of Human Sport and Exercise*, 12(3), 698-709. doi: <https://doi.org/10.14198/jhse.2017.123.14>

#### Honours and awards

1. Implementation, evaluation of an incivility education and cognitive rehearsal training among nurses' and midwives: A Quasi-experimental study in Kumasi, Ghana. A project sponsored by College of Health Sciences Research Grant, KNUST.  
Role: Co -investigator 2024
2. Incivility in nursing education amongst students and faculty in some selected institutions in the Ashanti Region of Ghana, A project sponsored by OGR/KNUST Research Fund. Role: Principal investigator 2023


3. P.O. Alalade award for the best student in practical midwifery, School of Midwifery, University College Hospital, Ibadan, Nigeria 1993.
4. University College Hospital's Scholarship Award for outstanding students. 1987

#### Professional Affiliations

- Member, University Teachers Association of Ghana (UTAG)
- Member, Sigma Theta Tau International Honour Society of Nursing, Upsilon Xi at-Large Chapter, UK
- Member, Association of Nigeria Nurse Educators (ANNE)
- Member, National Association of Nigerian Nurses and Midwives
- Member, Graduate Nurses Association of Nigeria.

#### REFEREES

1. Professor Veronica Millicent Dzomeku  
Dean, School of Nursing and Midwifery  
College of Health Sciences  
Kwame Nkrumah University of Science and Technology, Kumasi – Ghana  
Email: [vmdzomeku@gmail.com](mailto:vmdzomeku@gmail.com)/[vddzomeku.fahs@knust.edu.gh](mailto:vddzomeku.fahs@knust.edu.gh)  
Phone: +233 208 199 257
2. Professor Victoria Bubunyo Bam  
Vice Dean, School of Nursing and Midwifery  
College of Health Sciences  
Kwame Nkrumah University of Science and Technology  
Email: [vbbam.chs@knust.edu.gh](mailto:vbbam.chs@knust.edu.gh)  
Tel: +233244504751
3. Professor Funmilayo A. Okanlawon,  
Professor of Community Health Nursing  
Dean, Faculty of Nursing Sciences  
Christland University  
Owode -Abeokuta  
Ogun state – Nigeria  
Email: [faokanlawon@chrislanduniversity.edu.ng](mailto:faokanlawon@chrislanduniversity.edu.ng)  
Phone: +234 -805 507 18382



Abigail Omowumi Emikpe (Mrs.)  
28<sup>th</sup> July 2025

