

**KWAME NKRUMAH UNIVERSITY OF SCIENCE AND
TECHNOLOGY, KUMASI- COLLEGE OF HEALTH SCIENCE,
FACULTY OF ALLIED HEALTH SCIENCES, DEPARTMENT OF
NURSING, ASHANTI/REGION • GHANA - WEST AFRICA.
PHONE +233 200439427/+233 508823075
bbemahc2000@gmail.com/abbmensah@knust.edu.gh**

A D W O A B E M A H B O A M A H M E N S A H

DATE: October 31, 1980

SEX: Female

HOME TOWN: Kokofu, Ashanti Region, Ghana

MARITAL STATUS: Married with two (2) children

MAIDEN NAME: Adwoa Bemah Bonsu

EDUCATION

2017-2019 University of KwaZulu-Natal South Africa

(PhD.) Nursing

2011-2013 University of Ghana Legon Accra

(M'PHIL) Nursing

2007-2009 Garden City University College Kumasi

▪ BSc. (Hons.) Nursing- *First Class Honors*

2008 University of Ghana Legon Accra

▪ Dip. Nursing - *Distinction*

2002 – 2005 Kumasi Nurses' Training College Accra

• Diploma in General Nursing-*Distinction*

1996 – 1999 St. Monica's Senior Secondary School Mampong

• S.S.C.E. Certificate

WORK EXPERIENCE

August, 2020- present, Senior lecturer, Department of Nursing, KNUST

August, 2016- July 2020, Lecturer, Department of Nursing, KNUST

August, 2020-present, Coordinator, College of Health Sciences Affiliation office

August 2020-present, Member, College of Health Sciences Publication Committee & Editor, College's News Letter

2019-present, Assessor, National Accreditation Board (NAB) of Ghana

2019-present, External Examiner, Postgraduate Thesis , University of Cape Coast, Ghana

May, 2019-present, Internal Examiner, Postgraduate Thesis, School of Postgraduate Studies, KNUST

October, 2018-present, Coordinator, Post-graduate Nursing programs, Department of Nursing, KNUST

October, 2018-present, Examinations officer, Ministry of Health Training Institutions Affiliation Programs to KNUST, Department of Nursing, KNUST

2020-present Member, Curriculum Review Committee for undergraduate and postgraduate programs, KNUST

November 2018-present, Cognate Member, School of Medical Science Library Committee, KNUST

2017-present, Moderator, selected Nursing, Community and Midwifery Training Schools in Upper West, and Ashanti Regions of Ghana

2017-present, Faculty Board Member and Thesis Examiner, Ghana College of Nurses and Midwives

2016, Consultant, Curriculum development for Diploma in General Nursing, Review and Implementation. St. John of God Nursing Training School, Sierra Leone

2012-present, Examiner for professional examinations, Nursing and Midwifery Council of Ghana

2011-July, 2016, Lecturer, Garden City University College, Kumasi.

May, 2006 to December, 2015, Oncology Nursing Clinical Practice, KATH

2007 to 2010, Research Nurse. The Ghana-Michigan BreastHealth Project, KATH.

RESPONSIBILITIES

2016-present, Department of Nursing, KNUST

Lecturer, Researcher, Service to the University, local, National and International community. Coordinator & Examinations Officer (Teaching and administrative responsibilities)

Courses Taught (Postgraduate and Undergraduate programs)

- Post-graduate Research Methods and Systematic Reviews
- Philosophy of Nursing Theories and Models of Nursing Care
- Surgical Nursing
- Cancer Nursing
- Theater Nursing
- Health Assessment
- Emergency Nursing and First Aid
- Introduction to Nursing and Midwifery, Professional Adjustment
- Postgraduate and Undergraduate Research supervision
- Clinical Supervision of student
- Indexing of Student
- Preparing Student for Licensure Examination
- Counselling

- Coordination of all Ministry of Health Affiliation programs
- Coordination of College Affiliation programs
- Organize, coordinate and Management of Terminal examinations for all Ministry of Health Affiliate Nursing, Midwifery and Community Health Training Institutions in Ghana
- Administrative responsibilities as assigned

2017-present Ghana College of Nurses and Midwives, Oncology Courses Taught

Adjunct Faculty for Oncology Residents (Teaching of residents and Administrative Responsibilities). Member of the Oncology Faculty Board.

- Oncology Nursing
- Nursing Theories and Philosophies
- Nursing Research
- Research Supervision
- Clinical Supervision of residents

2011-2016 Garden City University College Kumasi
Lecturer (Teaching and administrative responsibilities)

Courses Taught

- Ethics and ethical principles in Nursing
- Surgical Nursing
- Foundation of Nursing and Nursing Practice
- Nursing Research
- Statistics
- Gerontological Nursing and Palliative care
- Counsel Students
- Clinical Supervision of student
- Coordinator of Nursing and Midwifery Council and professional affairs
- Indexing Students
- Preparing Students for Professional Examination
- Administrative responsibilities
- Research supervision

2015-2016 University of Ghana, Institute of Distance Learning

Tutor (Teaching Responsibilities)

- Surgical Nursing
- Nursing Research

2006-2015 Clinical Nurse, KATH, Kumasi

Staff Nurse through to Senior Nursing Officer

- Clinical practice at National Radiotherapy and Nuclear Medicine Directorate

Provides professional nursing care and coordinates the delivery of oncology treatments in the radiation-oncology Department, ensuring adherence to hospital and department policies, and nursing procedures, standards, and practices.

1. Performs nursing assessments and triage of patient care needs for new and ongoing cancer patients.
2. Provides direct nursing care for cancer patients, including appropriate supportive care and administration of chemotherapy, blood components, fluid and electrolyte replacements, and other oncology treatments as prescribed.
3. Provides education on all types of solid (breast, cervix, prostate, head & neck etc.) and haematology (leukemia, lymphoma etc.) cancers to patients, families, and significant others; acts as an information resource to students, health care professionals, patients, and the public.
4. Provide palliative, home-based and end of life care for patients and families diagnosed with advanced cancer if treatment fails.
5. Provides family support as required, including applicable referrals and bereavement counseling.
6. Follows established hospital and departmental policies, procedures, and objectives, continuous quality improvement objectives, and safety, environmental, and/or infection control standards.
7. Train and guide nursing and medical students (preceptor) and other nursing and support staff engaged in cancer clinical activities; participate in research and related activities. Research nurse for the Ghana-Michigan Breast cancer Study
8. Coordinate integrative multidisciplinary approach in cancer management and care.
9. Cancer public health promotion (awareness and screening camping)
10. Performs miscellaneous job-related duties as assigned.

RESEARCH SUPERVISION

Undergraduate Project Works

- **Main supervisor:** over 30 Nursing, Midwifery, and Emergency Nursing undergraduate thesis, successfully completed their program of studies

Postgraduate Project Works

- **Local supervisor:** Doctor of Philosophy (PhD) -Epidemiology candidate at the University of Minnesota School of Public Health, Minneapolis, MN. A mixed-method study focused on breast cancer incidence patterns among women in Ghana, funded by the Fogarty International Center at National Health Institute (NIH) (2019-2021).
- **Main supervisor:** Two MPhil projects, completed program of studies with three publications and two more manuscripts under review.
- **Main supervisor:** Seven MPhil students currently conducting various qualitative studies on breast cancer, palliative care, Colostomy experiences and Gerontology in Ghana.

SHORT COURSES

July-August, 2008

Radioiodine Training Program London

July-August, 2012

Thinking Qualitatively Canada

June 2016

Teaching and Research in higher Education Elmina

1st-4th August, 2016

Specialist Nursing and Midwifery Education and Practice Accra

October 7-9th, 2016

Faculty Development: Adult-based teaching Accra

August 14-15th, 2017

Grant writing and management Durban, SA

July 3rd-10th 2017

Systematic Reviews Durban, SA

April, 25-26th, 2018

External Clinicians on Revised Clinical/
Compliance Audit Tool- NHIS Kumasi

6-8th June, 2019

Grant writing and management Uganda

AWARDS RECEIVED

2008 Training grant (Union for International cancer Control [UICC])

2019 Training grant (Africa Research Excellence Fund [AREF])

RESEARCH INTEREST& AREA

- Oncology: Breast, Cervical and Prostate, cancer prevention and early detection
- Child cancer
- Family care giving experience
- Palliative care
- Intervention study
- Implementation research
- Maternal and Child Care
- Quality of Health Studies
- Nursing Education and preceptorship
- Women's health

- Patient care
- Qualitative researcher and analyst
- Mixed-method studies
- Systematic Reviews

ON-GOING FUNDED RESEARCH STUDIES

	Title of Research	Dates
I.	Perceptions and preparedness of healthcare workers regarding local infection prevention and control procedures for covid-19, funded by the University of British Columbia (2020-2021) Role: Coordinating PI	Feb 2020-2021
II.	Changing the culture of disrespect and abusive maternal care in Ghana, funded by the Fogarty International Center at National Health Institute (NIH) (2019-2023). Role: PhD Research assistant and project coordinator	Feb 2019-2023
III.	MAP-care: Multimorbid Ageing Primary Palliative Care in Ghana, Malawi and Zimbabwe funded by Medical Research Council (MRC-UK) Role: Contract Researcher and project coordinator	Sept 2020-May 2022
IV.	“Nurses’ Experiences of Caring for Terminally Ill Patients in Israel and in Ghana – A Comparative Study from a Personal, Professional, and Cultural Context.” funded by University of Haifa, Israel Role: Co-Principal Investigator and Project coordinator in Ghana	Sept 2020-September, 2021

COMPETENCIES

- Adult Health Nursing practice
- Oncology Nursing practice

- Palliative care Nursing practice
- Qualitative Research
- Qualitative Analyst
- Mixed-method Research
- Systematic Reviews
- Curriculum Development
- Curriculum Review
- Nursing Education
- Institutional Moderation
- Counseling and Mentoring
- Public Health Promotion
- Scientific Research

PROFESSIONAL MEMBERSHIPS

- Foundation Fellow, Ghana College of Nurses and Midwives
- Fellow, West African College of Nursing
- Ghana Registered Nurses Association – Member
- University Teachers Association, Ghana (UTAG)- Member

LANGUAGES

- Twi
- English
- Hausa

SOME SELECTED PUBLICATIONS:

Dzomeku, V. M., **Mensah, A. B. B.**, Nakua, K. E., Agbadi, P., Lori, J. R., & Donkor, P. (2020a). Developing a tool for measuring postpartum women's experiences of respectful maternity care at a tertiary hospital in Kumasi, Ghana. *Heliyon*, 6(7), e04374.

Dzomeku, V. M., **Mensah, B. A. B.**, Nakua, E. K., Agbadi, P., Lori, J. R., & Donkor, P. (2020b). Correction: Exploring midwives' understanding of respectful maternal care in Kumasi, Ghana: Qualitative inquiry. *PLoS ONE*, 15(8), e0238278.

Kusi, G., **Mensah, A. B. B.**, Mensah, K. B., Dzomeku, V. M., Apiribu, F., Duodu, P. A., . . . Bonsu, K. O. (2020). The experiences of family caregivers living with breast cancer patients in low-and middle-income countries: a systematic review. *Systematic Reviews*, 9(1), 1-18.

Mensah, A. B. B., Adamu, B., Mensah, K. B., Dzomeku, V. M., Agbadi, P., Kusi, G., & Apiribu, F. (2020). Exploring the social stressors and resources of husbands

of women diagnosed with advanced breast cancer in their role as primary caregivers in Kumasi, Ghana. *Supportive Care in Cancer*, 1-11.

- Mensah, K. B., & **Mensah, A. B. B.** (2020). Cancer control in Ghana: A narrative review in global context. *Heliyon*, 6(8), e04564.
- Mensah, K. B., **Mensah, A. B. B.**, Bangalee, V., & Oosthuizen, F. (2020). Awareness is the first step: What Ghanaian community pharmacists know about cancer. *Journal of Oncology Pharmacy Practice*, 1078155220955211.
- Kusi, G., **Boamah Mensah, A.B.**, Boamah Mensah, K., Dzomeku, V.M., Apiribu, F. and Duodu, Agbadi A., (2020). Caregiving motivations and experiences among family caregivers of patients living with advanced breast cancer in Ghana. *PloS one*, 15(3), page 1-17. <https://doi.org/10.1371/journal.pone.0229683>
- Dzomeku, V.M., **Boamah Mensah, A.B.**, Nakua, E.K. Agbadi P, Lori JR, Donkor P. "I wouldn't have hit you, but you would have killed your baby:" Exploring midwives' perspectives on disrespect and abusive Care in Ghana. *BMC Pregnancy Childbirth* 20, 15 (2020), page 1-12. <https://doi.org/10.1186/s12884-019-2691-y>
- Duodu PA, Duah HO, Dzomeku VM, **Boamah Mensah AB**, Aboagye Mensah J, Darkwah E, Agbadi P (2020). Consistency of the determinants of early initiation of breastfeeding in Ghana: insights from four Demographic and Health Survey datasets. *International health*, ihaa025, page 1-10. <https://doi.org/10.1093/inthealth/ihaa025>
- Asare, S. F., **Boamah Mensah, A. B.**, & Asare, O. (2020). Structural Elements of Integrated Treatment System for Alcoholic Patients in Two Rehabilitation Centres in Ghana. *NUMID HORIZON*, 3(1), 44-53.
- Bonsu AB**, Ncama BP (2019). Recognizing and appraising symptoms of breast cancer as a reason for delayed presentation in Ghanaian women: A qualitative study. *PloS one* 14, page 1-21. <https://doi.org/10.1371/journal.pone.0208773>.
- Bonsu AB**, Ncama BP (2019) Integration of breast cancer prevention and early detection into cancer palliative care model. *PLoS ONE* 14(3), page 1-19. <https://doi.org/10.1371/journal.pone.0212806>
- Bonsu AB**, Ncama BP, Bonsu KO. (2019). Breast cancer knowledge, beliefs, attitudes and screening efforts by micro-community of advanced breast cancer patients in Ghana. *International Journal of Africa Nursing Sciences* 2019:100155, page 1-7. <https://doi.org/10.1016/j.ijans.2019.100155>

- Bonsu AB**, Ncama PB (2019). Clinicians' experiences and perspectives of breast cancer and possible integration of breast cancer prevention and early detection into palliative care. *International Journal of Africa Nursing Sciences* 2019, 11:100162, page 1-7. <https://doi.org/10.1016/j.ijans.2019.100162>
- Bonsu, A. B.**, & Ncama, B. P. (2018). Evidence of promoting prevention and the early detection of breast cancer among women, a hospital-based education and screening interventions in low-and middle-income countries: a systematic review protocol. *Systematic Reviews*, 7(1), 234, page 1-7. <https://doi.org/10.1186/s13643-018-0889-0>
- Bonsu, AB.**, Dzomeku, V. M., Apiribu, F., Obiri-Yeboah, S., Asamoah, B., Mensah, K. B., Donkor, P. (2018). Having a child with orofacial cleft: Initial reaction and psychosocial experiences of Ghanaian mothers. *International Journal of Africa Nursing Sciences*, 8, page 132-140. <https://doi.org/10.1016/j.ijans.2018.05.003>
- Mensah, K. B., Oosthuizen, F., & **Bonsu, A. B.** (2018a). Attitude and Barriers of Community Pharmacists Towards Cancer Health Promotion: a Systematic Review. *Asia Pacific Journal of Cancer Care*, 3(1), page 19-26. <https://doi.org/10.31557/apjcc.2018.3.1.13>
- Mensah, K. B., Oosthuizen, F., & **Bonsu, A. B.** (2018b). Cancer awareness among community pharmacist: a systematic review. *BMC cancer* 18(1), 299, page 1-9. <https://doi.org/10.1186/s12885-018-4195-y>
- Sheila, D., Chiwaula, J., Dzomeku, V. M., Nakua, E., & **Bonsu, B. A.** (2018) Maternal Satisfaction with Labour at the University of Ghana Hospital Accra: A Cross Sectional Survey. *Numid Horizon*, 2(1), page 30-38.
- Bonsu, A. B.**, Aziato, L., & Clegg-Lampsey, J. (2014). Living with advanced breast cancer among Ghanaian women: Emotional and psychosocial experiences. *International Journal of Palliative Care*, 2014.
- Bonsu, A. B.** (2013). *Experiences of Women with Advanced Breast Cancer: A Study at the Kumasi Metropolis*. University of Ghana,

REFERENCES

Prof. Busisiwe Purity Ncama (Deputy Vice Chancellor)
College of Health Sciences,
University of KwaZulu-Natal, South Africa.
Email: Ncamab@ukzn.ac.za

Prof. Vronica Millicent Dzomekue (Head)

Department of Nursing

College of Health Sciences

KNUST, Kumasi

Email: vmdzomeku@gmail.com