

CV
RABBI DARKO
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PERSONAL PROFILE

I am a reliable and resourceful leader who leads by example. I am versatile and dynamic coupled with good communication skills. I am always excited working with hardworking people. I am able to work effectively under pressure and possess good leadership skills.

EDUCATIONAL BACKGROUND

1. **Doctor of Philosophy Candidate, Counselling Psychology**
(2023-2026)- University of Education-Winneba

2. **Master of Philosophy, Guidance and Counseling**
(2013-2015)-University of Education-Winneba

Thesis Topic: Influence of Parenting Styles on Academic Performance of Selected Public and Private Senior High Schools in the Effutu Municipality. (Published)

- Research skills
- Lecturing skills
- Counseling skills
- Communication skills

3. **Diploma in Education**
(2016-2018)-COLTEK, University of Education-Kumasi

4. **Degree (BA Psychology with Linguistics- Psychology Major)**
(2007-2011)-University of Ghana

- Understanding the behaviours of people (Students)
- Developed research skills
- Knowledge in Industrial and Organizational Psychology

5. **Senior High School Certificate (Business)**
(2002-2005)- Asanteman Senior High School

- Knowledge in keeping records
- Negotiation skills
- Managerial skills

WORK EXPERIENCE

1. **Licensed Counselling Psychologist (Counsellor)**
October, 2020 – Current – *Kwame Nkrumah University of Science and Technology*

- Provide mental health support to students, staff, and their dependents
- Provide psychotherapy/counselling services to other individuals outside the university

2. Part-Time Lecturer (Psychopathology and Treatment)

March, 2026 – Current – ***Jackson University College, Kumasi***

- Lecture MA/MPhil Students
- Supervise students' thesis

3. English Language Tutor

November, 2018 – September, 2020 - ***Otumfuo Osei Tutu II College-Tetrem***

- Teaching skills
- Preparation of lesson notes
- Handling of students

4. Assistant Lecturer (Part-Time)-Introduction to Guidance and Counseling

November 2017- May 2018- ***University of Education, Winneba (Kumasi Campus)***

- Lectured Educational Psychology
- Lectured Guidance and Counseling
- Supervised students' project works
- Engaged in educational counseling for students

5. School Administrator/Counselor

(2014-2017)- ***Western Link Educational Complex***

- Recruitment, Training, and Placement of staff
- Lecture teachers on ways of teaching
- Acquired administration skills
- Supervising skills

6. English Language Teacher

(2012-2014)- ***Uncle Rich Senior High School***

- Teaching skills
- Preparation of lesson notes
- Handling of students

7. Teacher- English Language (National Service)

(2011-2012)- ***Ogyeedom S.H.S.***

-Obuasi Presby J.H.S

- Preparation of lesson notes

- Presentation skills

8. Guidance and Counseling Coordinator

(2013-2014)- **Uncle Rich Senior High School**

- Counseled students on diverse issues
- Organized Guidance Programs for students

PROFESSIONAL AFFILIATION/CERTIFICATION

- Member of American Psychological Association (APA). Registered as APA International Affiliate Membership (**Membership ID: C2103362212**)
- Registered with Ghana Psychological Council (GPC) as a Professional Counseling Psychologist (**LN: GPSY 00594-87-20/P**)
- Member, Ghana Psychological Association
- Registered with Ghana National Association of Certified Counsellors (GNACC) as a Certificated Counsellor (**GNACC – 20-480**)
- Professional member of the International Society of Substance Use Professionals.
- Certificate in Crisis Intervention for Addiction Professionals. Organized by the Drug Advisory Programme (DAP) of the Colombo Plan
- Registered with Ghana National Teaching Council as a Licensed Teacher (NTC/RN/14668)

PUBLICATIONS

- Amos, P. M., Antwi, T., **Darko, R.**, Acquaye, G. L. N. A., Apambilla, P. A., & Adade, J. R. D. (2025). Challenges and Strengths of Ghanaian Families in Contemporary Society: A Counselling Perspective. *The Family Journal*, 0(0). <https://doi.org/10.1177/10664807251348213>
- Amponsah Adu, G.A., King-Kuadzi, K.E., Apambilla, P.A., Blay, J., **Darko, R.**, Fenu, I.K., Asante, A.B., Eduah, A.M.A.K., Soribang, J. & Dadebo, A.A. (2025). The Role of Guidance and Counseling Coordinator in Promoting Effective School Learning. *International Journal of Indian Psychology*, 13(2), 2955-2963. DIP:18.01.262.20251302, DOI:10.25215/1302.262
- Prince A. A., Gabriel A. A., Dery John, **Darko R.**, Kingsley E. King-Kuadzi, Josephine B. and Aaron M. E. Garnet L.N.A.A (2024). Exploring the key determinants of career choice among senior high school students in the Pru West District, Ghana. *IJSSE* 2024; 6(2): 276-285
- Prince A. A., Gabriel A. A., Dery John, **Darko R.**, Kingsley E. King-Kuadzi, Josephine B. and Aaron M. E. (2024). Mentoring role of headteachers in management of basic schools in the pru West District. *IJLE* 2024; 4(2): 109-117
- Gabriel A. A., Kingsley E. K.K., Prince A., Charity A. N. A., **Darko R.** & Josephine B. (2024). Guidance and counselling: A tool in combating bullying in senior high schools in Ghana. *International Journal of Advanced Academic Studies*, 01-05
- **Darko R.**, Joan S. & Ibok N. O. (2023). The role of counselling in science education. *Everyday Science for School Journal*. 12(1), 54
- **Darko R.**, Joseph A.-G. & Gilbert K. L. (2021). Examining the roles of traditional guidance and counselling among the people of Sefwi-Bekwai in the Western-North Region of Ghana, Africa. *IJRISS* 5(2). ISSN 2454-6186. DOI: 10.47772/IJRISS.2021.5224

- Article publication- COVID-19 Impact on Ghanaian School Children (June 2020). Published at Ghana Psychological Council Web. (<https://www.ghanapsychologycouncil.org.gh/wp-content/uploads/fdownload/news/COVID-19/COVID%2019%20AND%20CHILDREN.pdf>) & www.peacefmonline.com/pages/local/education/202005/408725.php.
- **Darko R. & Ficus G.** (2019). “Influence of Parenting Styles on Academic Performance of Senior High Schools in Ghana” *International Journal of Psychology and Education* vol.2, pp.83.

SEMINARS ATTENDED/PRESENTATIONS

- **Participant**, Trainer of Trainers` Workshop on Anti-Sexual Harassment for The Leadership of KNUST Students` Body-March, 2023
- **Participant**, Mental Health Awareness & Capacity Building of frontline Professionals/Students` Counsellors by Johnson & Johnson Middle East FZ-LLC (Ghana Branch) at KNUST Hospital-January, 2023)
- **Participant**, Three-day Registrar`s Offices Annual Workshop. Topic: Understanding Digital Tools for Effective Administration Work. Under the Theme:” Effective management of University in the COVID-19 Era” at Volta Serene Hotel-Ho-January, 2022
- **Participant**, Workshop on Addiction by Narcotics Control Commission, Ghana. Topic: Science Of Addiction and Components of Treatment At KNUST Counselling Center, Ashanti Region. Venue: Directorate of Student Affairs Board Room-March 2022
- **Participant**, COVID-19: A Health Challenge for The Decade, The Role of Health Professionals. 9th Biennial Scientific Conference, COS-KNUST-August, 2022
- **Participant**, Uniting Global Community to face the challenge of addiction conference on 12th-18th May, 2022 by International Society for Substance Used Professional (ISSUP) in Abu Dhabi. (Virtual)
- **Participant**, Counselling Research Conference. Topic: Contextualizing Counselling Psychology Towards Policy Formulation, Best Practice and Monetization: The Current and Future Directions-September, 2021
- **Participant**, College of Counselling and Psychology (CCP). Topic: Counselling The LGBTQIA+-March 2021
- **Participated and presented** a paper at the 2nd International Multi-disciplinary Conference for Postgraduate Students. (27th July, 2017)-University of Education, Winneba Conference Hall

POSITION HELD

- Coordinator/Secretary- Meatless Monday Project at KNUST. (February, 2025-Current)
- Member- Public Health Committee of the University Health Services, KNUST. (November, 2024-Current)
- Member/Secretary-KNUST Wellness Committee (August, 2021- Current)
- Secretary-Committee to Review M.Phil. / PhD One Health Programmes from the Department of Veterinary Public Health and Epidemiology, KNUST, Kumasi. (August, 2021)
- Reviewer. International Journal of Research and Innovation in Social Science (IJRISS). <https://www.rsisinternational.org/journals/ijriss/reviewer/rabbi-darko/>

- Appointed as a member of the Lead of the Media Team at the KNUST Counselling Center. Date: 7th February, 2022.
- National Service Personnel Association (NASPA) President- Gomoa East (Nov. 2011- Aug. 2012)
- Deputy Counsellor at Otumfuo Osei Tutu II College. (2019-2020)

GRANT/PROJECT

- Grant: Research Associate, University of Pennsylvania, Philadelphia Graduate School Education Dean's Office Strategic Priority Grant, Strengthening Ghana's School Guidance and Counseling Training Programs through Research Policy and Practice. 2026-2027.
- Grant- Member, KNUST Research Fund (KReF10)- Enhancing Well-being and Productivity: The development and evaluation of a Hybrid Wellness Intervention Program for University Staff. (October 2025-September 2026)
- Research Associate - Navigating Educational Pressures and Stressors (NEPS) with collaborating Institutions: AAMUSTED, University of Sierra Leone, Muhimbili University of Health and Allied Sciences, Tanzania. Part of a three member committee working on Work Package 6 (WP6) – *Public Health and Youth-Led Interventions of the Project*. Funded by Science for Africa (SFA) Foundation under the BEING Initiative (June, 2025-December 2028)
- Grant, Project Implementation Team for Anti-Sexual Harassment Action Project (A-SHAP). A Martha Farrell Funded Foundation Project (March to July, 2023)

CONSULTANCY WORK

- Consulting Psychologist: Bondok Healthcare Services, Odeneho Kwadaso- January, 2026-Current
- Consulting Psychologist: ARUKA Centre Mental Health & Wellness Practice- (April 2026- Current)
- Consulting Psychologist: Recovery Pathways Clinic, Asokwa-Kumasi. January, 2024-Current
- Consulting Psychologist: Girls' Power Foundation, Kumasi-Ghana. September, 2022-December, 2024
- Consulting Psychologist: Best Brain Stem Quiz Competition (JSMQ) -Kumasi (March-May 2026)
- Consulting Psychologist: Trial International, Geneva-Switzerland- Provision of Psychological counselling to their Ghanaian client involved in the unlawful killings of about 44 Ghanaians in Gambia in 2005. September 2022-January, 2023
- Consulting Team Member: Team of Psychologists for the 2022 National Science and Maths Quiz. KNUST. 10th -26th October, 2022.
- Consulting Team Member: Team of Psychologists for the 2021 National Science and Maths Quiz. KNUST. 13th -26th November, 2021.
- Consulting Team Member: Team of Psychologists for Juaben Oil Mills Limited. 11th October, 2021.
- Consultant/Trainer: Training Teachers across the Country On Contemporary Guidance And Counseling – Edlams Consult/National Teaching Council. 28th October, 2023– Current

HOBBIES

- Football
- Long Tennis

REFEREES

- Prof. Ibok N. Oduro, Chairperson, KNUST Wellness Center. +233(0)244288315/(0)209161906. inoduro.sci@knust.edu.gh / ibok.oduro@gmail.com
- Prof. Patricia Mawusi Amos. Lecturer and Associate Professor, University of Education, Winneba, 0244108030 (pmamos@uew.edu.gh).
- Dr. (Mrs.) Ruth Owusu-Antwi, Psychiatrist and a Snr. Lecturer, KNUST: 0244650245
- Mrs. Victoria De-Graft Adjei- Former Head, KNUST Counselling Center. +233(0) 506449747/+233 (0) 244263984. vdegraftadjei@yahoo.com.